

Support 75-year-old Edwin on his 2,000-km cycle ride

Please sponsor Edwin Gruber, a 75-year-old retired teacher, who has committed himself to cycling 2,000 kilometres in 25 days this September on a non-power-assisted bicycle **to raise funds for Druk Padma Karpo School**. You will be able to follow his journey on his daily blog:

<https://cyclingchallenge2000.blogspot.com>

Edwin's guiding principles on this ride will be **Service, Commitment and Compassion**. His motivation is: "When I am riding my bike, I am doing this not just so that I can be physically and mentally healthy myself, but also so that my physical health can give me the vitality to continue to serve others."

Edwin intends to channel his unwavering commitment to providing young people with first class education into meaningful action.

*"All the joy the world contains
has come through wishing happiness for
others.*

*All the misery the world contains
has come from wanting pleasure for oneself."* (Shantideva)

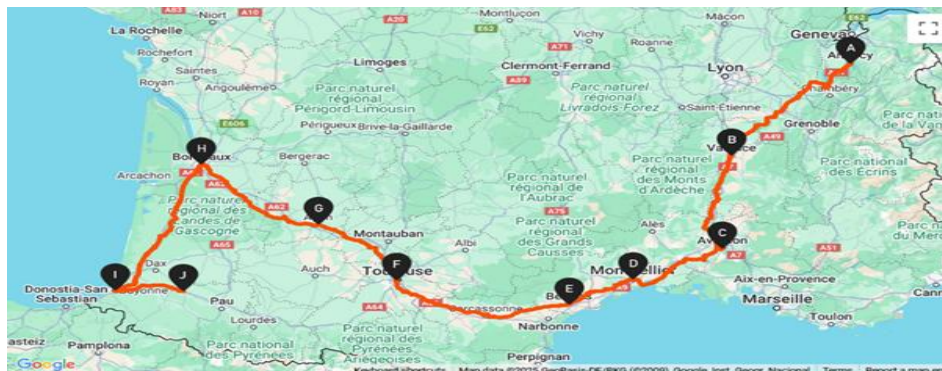


Edwin first visited Druk Padma Karpo School in 2001, a few months before it opened, and was enthusiastic straightaway about its educational aims and philosophy.

He took four groups of pupils from St Christopher School in Letchworth Garden City, where he taught, to Ladakh, on each occasion supporting DPKS educationally, and financially by organising fundraising events.

Edwin is looking forward to leaving his comfort zone and rising to the challenge of riding 2000 kilometres, and he hopes it will provide an opportunity to actively support the school again.

Edwin, who only took up cycle touring when he retired at the age of 61, will set off from Annecy in the French Alps at the end of August, reach the river Rhone near Valence before turning south to Provence and the Mediterranean coast. From here, he will make his way west towards Bordeaux and finish the ride on the French Atlantic coast near the Spanish border, as shown on the map below.



Edwin's ride is to support the Druk Padma Karpo School in Shey, UT Ladakh, Indian Himalaya, which provides a good education for more than 900 girls and boys. The curriculum is aimed at nurturing the confidence and skills to succeed in the modern world, as well as providing a solid grounding in Ladakh's language, culture and traditions. Edwin will write a daily blog during his trip which you can follow: <https://cyclingchallenge2000.blogspot.com>

Please support Edwin's sterling effort to raise £2,000 by sponsoring his challenging expedition.

Your donation can be made on the website www.dwls.org or scan the QR code below to go to the website. Please put EDWIN as your reference.

Thank You



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