

# Druk Padma Karpo School

**ANNUAL SCHOOL MAGAZINE** 

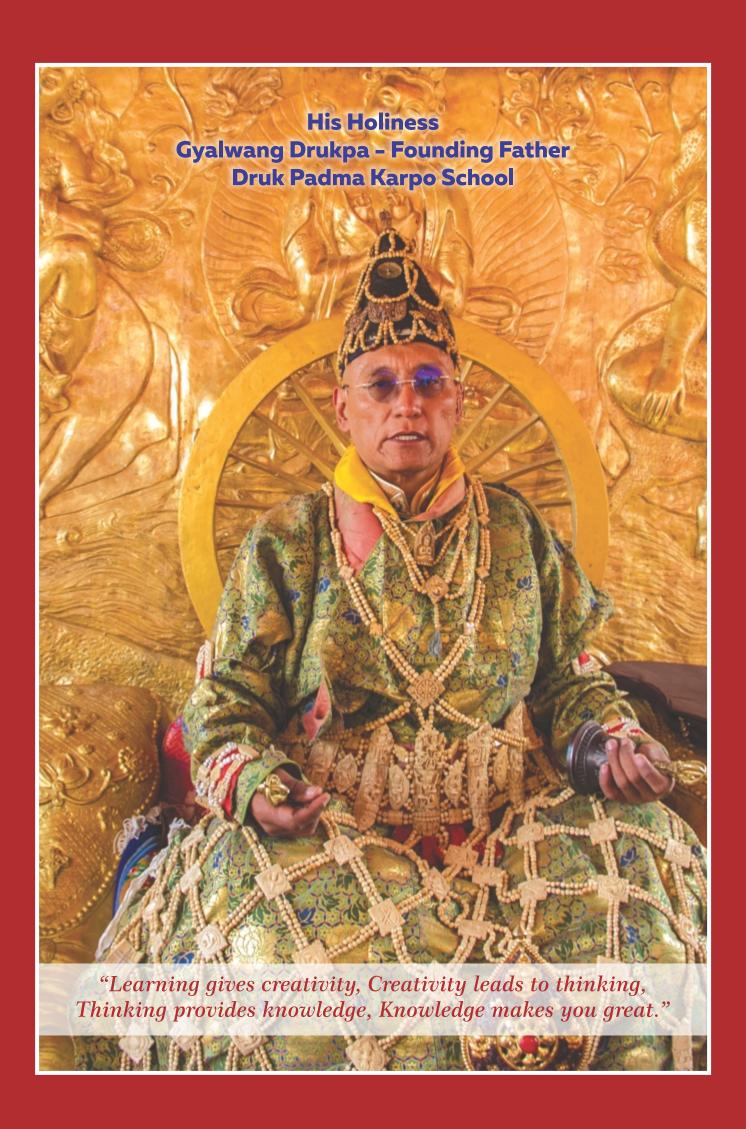
YEAR 2016-17















The Editorial Board

From Left: Sir Jigmat Toldan, Sir Varun, Principal Stanzin Kunzang, Mam Tsetso, Sir Sudrashan and Gen Konchok.

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### Principal's Desk

Dear friends, supports, well-wishers, parents and my loveliest of all, my students,

At the beginning of my note I will very judiciously like to acknowledge and appreciate the enormous hard work of sweat and toil that has been put into



producing, yet another master piece of the Drukskat-2017'. This is huge achievement in itself as it is one of the most daunting and unnerving task, involving manifolds of individual and collective work summoning and consuming so much of extra efforts beyond official hours. I strongly and truly believe that a school magazine does not just serve as coffee table magazine or a shelf name but is the clear reflection of a school beyond the regular. The school magazine serves as the mirror of the school, which reflects the academic and co-curricular activities of the students, highlighting their multifarious achievements. Besides providing a compact academic schedule, specials opportunities are offered to explore and excel in the various cultural and literary skill by participating at school, district, state level and foreign countries. Creativity is the real unlocking of the minds and plays vital role in the development of the students' creative talent. I sincerely congratulate the students and my dashing and zealous team of teachers on their creative writings and the positive involvement of all in helping the magazine its next birth! This is your unified dream of ever inspiring memoire!

In my this 4th, running year of term, as the Principal of The Druk Padma Karpo School. I take tall pride and feel most blessed to be cocooned by the unwavering guidance, support and blessings of H. Holiness the Gyalwang Drukpa, our founding fathers. H. Eminence, Thuksey Rinpochey, The Drukpa Trust

London, Live to Love Chapters, the school Management, Parent representative Board, my indispensable and pillar support! "The team and my ever inspiring students". The experiences are overwhelming and the responsibility too infinite. It's the trust and belief of all that propels me to treacherously stretch all horizon to explore beyond the mediocrity of learning and teaching and main stream school functionality! Let us move forward like an armada, unhindered by any kind of negative force to provide education and learning beyond books and syllabus.... as life skills and not job skills.... Let us pledge to be a constant and rigorous team committed to be the ideal of our student!

I am very sure of one thing that just a page of a message is never sufficing to express the real emotions and goals as school headers . I would like to reflect on the quote which really inspire me as a teacher and a learner "It says it ...and it says it all"

"GREAT SCHOOL LEADERS AND TEACHERS.... constantly pay attention. They build a culture focused on student's conscious and progressive learning, rather than just information delivering. They confront mediocre teaching. They invite. They inspire. They support, each other and school staff in ways that leads to improvement through mutual trust and admiration."

So let us all walk hand in hand and shoulder to shoulder .... bearing the conspicuous torch of Knowledge...that not only helps in shaping an educated clan but to mould the student into individuals who prove to be-ethically strong, mentally sound, culturally rooted, professionally affluent and compassionately humans. I would call this a successful education scenario.

Wish you all well.

Cordially

Stanzin Kunzang (Chottness)



# Note of Appreciation

We are very grateful and indebted to all the people who have worked relentlessly and unconditionally to make education along with boarding facilities of good standards available to even the lesspreviliged and isolated. The Druk Padma Karpo, headed by the Chairman, the Principal, Staff and its students are highly thankful to all the beautiful souls who have supported the children and the school through their sponsorship programmes whether individual or mass. We are beholden to the ever supporting Drukpa Trust-London, Arup Associates-London, Live to Love Programmes of the globe, Lille Fro Foundation-Australia, New Lives and New Beginnings-Dubai, Nomadic-France, DWLS-Singapore Group and Rose Bud Foundation.

Our Motto:



STRIVE SUCCEED AND SERVE





# त्व्यापज्ञ'नगर'र्च'र्श्चराग्रेत'सु'वेषा

द्याः श्रितः व्याः तत्त्ववाः चन्नः त्याः स्त्रीतः व्याः त्याः व्याः त्याः व्याः त्याः व्याः व्य

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- Moral courage is virtue of higher caste and noble origin than physical.
- Courage ought to be guided by skill and skill armed by courage.
- True courage is the result of reasoning.
- Resolution lies more in the head than in the veins true courage means cool, calm, reasoning and learning forever!



- Wisdom is to the mind what health is to the body.
- Wisdom is the right use of knowledge.
- To know is not to be wise.
- Many men know a great deal and are all the greater fool for it there is no fool so great a fool as knowing fool.
- But to know how to use knowledge is to have wisdom.
- A wise man's day is worth a fool life.



• The highest education is that which doesn't merely give us information but make our life in harmony with all existence.



- By uniting we stand by dividing we fall.
- Unity does every thing when it is perfect its satisfies desires, simplifies needs, foresees wishes and becomes a constant fortune.

# Prestigious Conferments

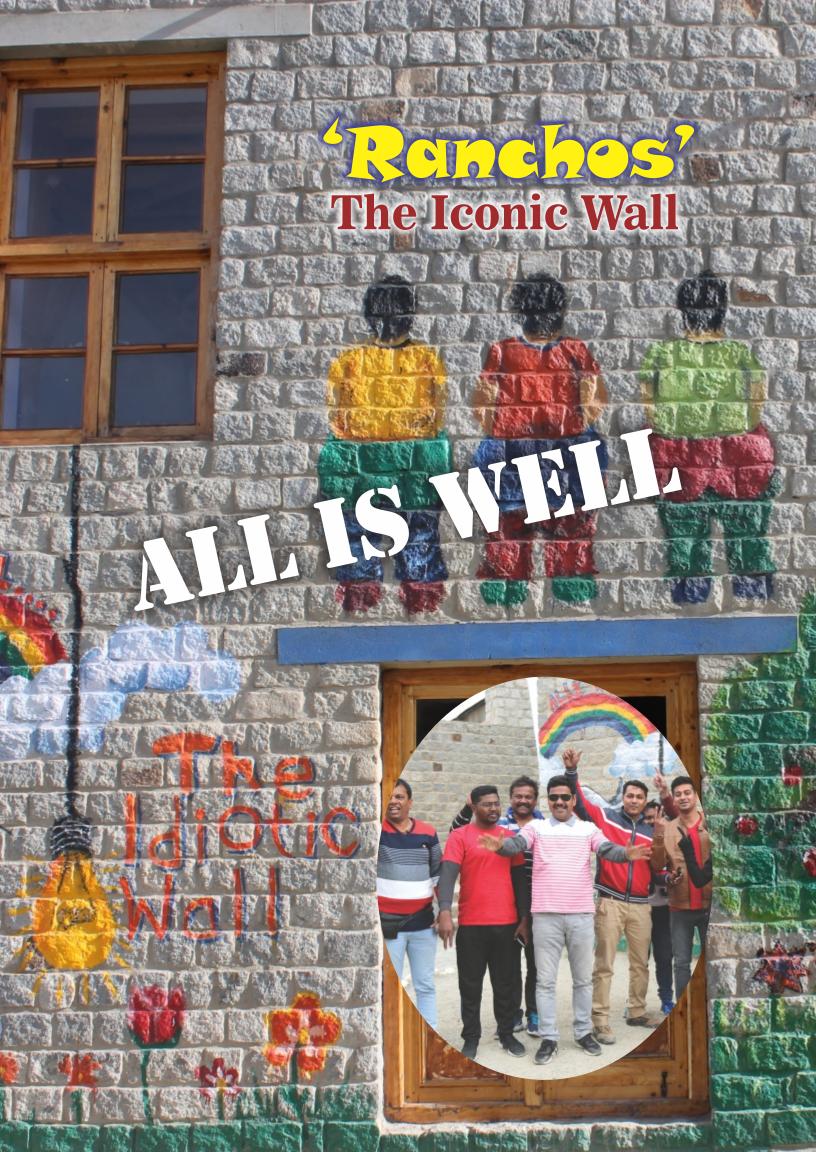


**Top Ten** nique & Creative **Schools of India** -Mind Mingle, 2017 (an initiative supported by HRD Dept. Govt. of India)

**Most innovative** and Eco-friendly Washrooms of India. - WB Honors, Mumbai

The school has been conferred the honor of being placed among top schools of Jammu and Kashmir by Digital Education India-2014

Best



## The DWLS Family



**The Academic Guild** 



The Core Academic Team with Student Council



**Dr. Ishey Namgyal**Deputy Chair



**Tashi Tsering**Office Co-ordinator



**The Infant Section Team** 

The Creative Team





The Finance and Sponsorship Team

The Residential Faculty









The Infant Section

The Junior Section

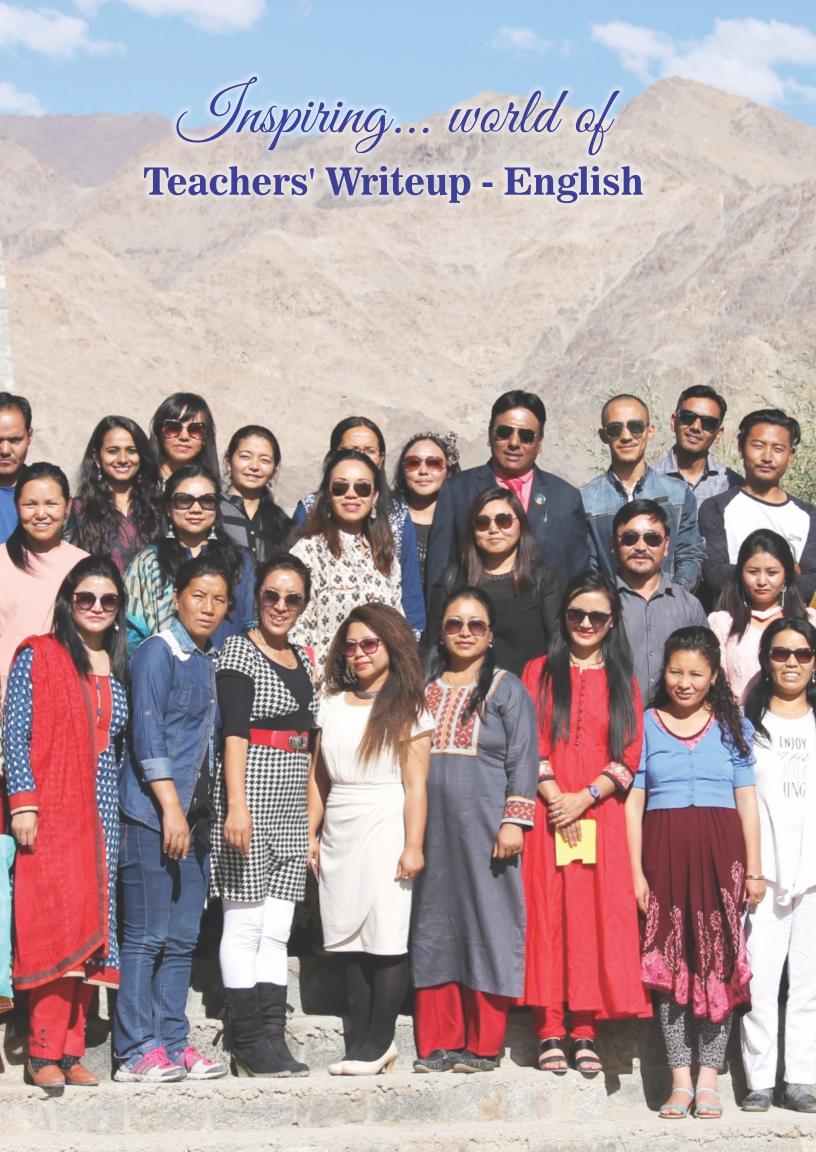




The Middle Section

The Senior Section





#### In the middle of Dholakpur

The early years of learning can be a torrid time for young minds. And also a precarious one. Unlike it was back in the days, today's children have a whole new world of information and learning to deal with, which can wear them down.

As teachers in the Infant section, we understood that there was a need to make learning more fun than it already was. But there lay the challenge! How can we continue to keep them engaged for over seven hours a day and still make it interesting?

That's when Ma'am Principal came to our rescue with an infectious idea. And 'Dholakpur' was born!



'Dholakpur' is a new recreational room nestled in a comfortable corner of the infant section. The whole idea of the room was to provide kids with a special room where they can rejuvenate their minds after a hard day of A B C's. The name of the room was chosen to add a graphic comic and cartoon twist. And it immediately resonated with the kids!

Dressed in vibrant colours and glitters by all the Infant teachers, the room doubles up as an indoor play room with space to colour, paint and dance and enables visual learning in interesting ways.

Apart from being able to develop skills and let their tender creative juices flow, it gives the kids a chance to get out of the class room environment. And as a result, when they return the next morning, we see that the smile they left school with, hasn't disappeared from their faces.

In the end, is that not all that matters?



| Ma'am Yangchen, Section Head - Infants

#### **A True Teacher**

A true teacher does not teach the students to compete. She teaches excellence. In today's world, there is competition to score 'good' grades and percentage. Parents also pressurise children to perform their best. We are putting so much burden on them at a very young age and they are very innocent and don't have the ability and capacity to resist our authority and therefore they suffer.

A true teacher will understand this and will nourish them with knowledge and wisdom to bring out their best. She will motivate students and will become the very backbone of her children.



Students are like seeds of a flower that, when given tenderness and support, will blossom and spread their fragrance and bring sheer joy.

Moral education is necessary in this world which is full of temptations and guidance becomes a true teacher's duty. A loving teacher will be successful in tempering the extreme pride of a stubborn student and teaching humility.

My teacher once said, "A child's mind is impressionable like soft dough, give it whatever shape you want but give it the shape which suits the child's nature." A true teacher is like a lit candle and illuminates thousands of bright little candles...but she must melt to do so!



Ma'am Stanzin Nakdon, IT Department - Junior

#### When I enter the DPK School

When I enter the school, It gives me new hope, Sky is the limit, so aim for the stars!

Blessings of His Eminence Makes my life meaningful. His holy advice changed my mission, Teaching has become my passion.

First talk with Principal Ma'am,
A lady full of triumph!

Makes me feel at home.

The school song makes me cry, I know the reason why! It holds the essence of honesty, It holds the essence of morality.

I met with unique personalities, Cooperative teachers with great capabilities, Providing me with learning opportunities.

I met with real learners,
Moral values are their priority,
Giving respect to all,
Is their morality.
When I enter DPK School,
It gives me new hope!



Ma'am Stanzin Dolma, Science Department - Middle

#### My kids

I am a teacher. It is how I define myself. A good teacher isn't one who gives the answer out to the kids, but is understanding of their needs and challenges and provides tools to help them succeed. That is the way I see myself. Whatever it is that I will do eventually after politics, it will have to do a lot with teaching.

I call my students "my kids". Not because I teach them, but because in all our years together, they are not just kids on my class list, they become a part of my heart.



Jigmet Lhamo, Social Sciences Department - Middle

#### The missed bus

### an outsider's thoughts on the inevitable erosion of Ladakh's community-living values

He's not much of a talker, Morup Namgail. Even the little conversation he makes seems like a forced effort to keep things moving until his wife serves cups of khunak. He, of course, doesn't realise that he doesn't have to try hard to be polite. Ladakhis are a soft spoken people.

Namgail le looks younger than his age at first glance, but the weathered eyes betray him. He is one of the many I've had the chance to meet in Ladakh, who are caught between two hugely different worlds, one where Ladakhi values, tradition and way of life were sacrosanct and the other, newer one where those very strings that held the community together are now being threatened as development begins to seep into the region, after years of being an isolated and enigmatic Shangri-la.

For most of its life, Ladakh has been cut off from the world, until it opened doors to tourism in mid-1970s. With stunning landscapes and rivers, it has been hallowed grounds for hikers and trekkers ever since. But cut to the second decade of this century and the inflow of tourists has jumped up a mind boggling 500 times and more.

The economy, which until recently was mostly sheep and yak herding with some agriculture, is now driven by tourism, bringing in money like never before. And in the process, encouraging locals to move away from agro-pastoral livelihoods.

It's hard for tradition to fight things that development and technology have to offer. Development is usually a good thing. It means electricity in places that never saw light after the sun sank behind that mountain and road connectivity to public healthcare centers offering respite to pregnant women who earlier had to hike across mountains when the time came.

Yes, it usually is a good thing. Until one part of the community starts enjoying its benefits and propels ahead while another is caught grappling with its pace and misses the bus. And as the years go by, that faint gap begins to widen and new values enter the community. Many of which are fuelled by a growing capitalist mind-set in the local population.

Namgail le seems reluctant to catch this bus. He has of course bought a ticket on it (his home is a homestay during the summer months) but the front seats have already been taken. And those that have occupied them may not be his best friends anymore. Like they were many years ago. They are sitting ahead and he'll have to take one of those uncomfortable backseats.

PS: Namgail le and his family were very kind to accommodate me for a few days in September 2016. Their home, the last of the 6 households in the tiny hamlet of Ulley, easily has the best and most stunning view of the valley, overlooking massive Himalayan Mountains. They warmed hearts with their simplicity and will stay in my mind forever. Stanzin, Namgail le's 20-something son, who grows wheat and potatoes with his family and also works as a trekking guide during the summer months, has summited the 6,150 meters Stok Kangri a number of times. He has promised to join me on a hike back to it. Not as a guide, as a friend.



Sir Varun, English Department - Junior

#### That feeling of gratitude

It is a great pleasure to work as the sponsorship coordinator of the school. Though it is a fantastic opportunity to be a part of this prestigious institution in any capacity, being a part of the school's sponsorship efforts gives me an even bigger feeling of contributing.

Sponsorship for under-privileged children driven by people across the world is a unique feature of the school. This allows us to impart formal and moral education, and enable students to become leaders in their own right at a very nominal fee. Most of our sponsors are gracious enough to foot all expenses of a child, whereas a very tiny percentage of them pay for partial expenses.



Being gracious and thankful for everything we have and to those who provide it, is not an easy virtue to find in these fast times. But it certainly is something that the children in the school have learnt from our sponsors.

We cannot thank them enough for the continuous support that they have been extending to us over the years. In most cases, sponsored children do well in academics. But some need a little more hand-holding than others and are certainly putting up a hard fight.

They are in safe hands though. Because the school stands firmly behind them.



Ma'am Sonam, Accounts & Admin

#### Baby steps in a noble profession

What made me get into this profession? The primary reason is the desire to serve my people. And I truly believe that being a teacher is the best possible way to contribute to the society that I live in.

It is not easy when you are a B.Tech graduate and instead of becoming an engineer, you choose to pursue a career in teaching, something that is considered just plain foolhardy. This is maybe because our society judges one's capabilities from his or her earnings rather than passion and desire. For me, it has never been about what you can become, but always about what you want to become.



Apart from farmers, teachers are probably the main pillars of society, who work relentlessly to bring a change for the better. For all the engineers we have in the world, the world should have been doing better than it is, you would think.

Six months since I started teaching at this school, and I have had a lot learnings during this time. We learn something new ourselves each day, and that is how it should be with teachers.

At the end of the day, the feeling of satisfaction for all that I have been able to deliver gives me a good night's sleep. I have been very lucky to have a good team of teachers to learn from and work with, none more than the leader....the Principal.



Sir Jigmet Toldan, IT Department - Senior

#### Let's give creativity a chance

The art room lies in the palm of the campus and is a place that gives the children a chance to be creative, to learn and grow.

In Ladakh, as is across India, nearly all parents still feel that bringing home good marks in academics is imperative for their child to have a secure future. But they usually miss the point that training and development in the fields of creative, visual and performing arts can build certain qualities which are hard to find in textbooks.

Which other stream of learning during school enables the child to use both hands to accomplish a work of self-creation? Bilateral coordination of hands is an often used but less trained skill in most people. Try juggling three balls in front of a mirror! Many knot experts in the navy (a more essential life skill than we think) and master typists have an inclination towards creative arts. Surely we cannot ignore such correlations!

Apart from fine tuning motor skills, making works of art and building self-styled crafts help build certain traits in the child which are much desired by all. While waiting for the paint to dry on the straw basket that she just finished putting together, the young child begins to practice the art of patience and control at a very tender age.

But things do not always go as planned, so crafts are a good way of introducing a child to the concepts of problem-solving, ambiguity and being flexible, since there is no right or wrong way of exploring one's own creativity.

And apart from all these, arts and crafts drive home a feeling of self-accomplishment and confidence. The wide, beaming smile on the face of the young girl, when she is hailed for her small piece of creation, is priceless. Believe me!



Ma'am Kunzes Dolma, Arts, Crafts & Creation Head

#### The day when little flowers bloomed

Founder's Day is celebrated in school every year with great gusto and pomp, but kindergarten kids do not get a chance to participate in the event. They needed a platform to showcase their budding talents and expend their bursting energies.

And that is when the idea of 'Blooming Day' came up. A day that is completely dedicated to the little champions of the Infant section, Blooming Day is an event that provides every single child a chance to get on stage and sing and dance.

Into its second year, the event was a huge success this year, with performances from the toddlers to hit songs ranging from Venga Boys' "We like to Party" to Bollywood's "Bum Bum Bole". At the end of the day, it was gratifying to see parents and families who were in a state of happy shock after watching their little ones on stage. Many did not have words to express and just clasped the hands of the teachers tightly, while their eyes relayed a silent "Thank you" note.

But more than anything else, the kids found the perfect channel for their energies!



Ma'am Jigmet, Infant Section

#### **Sports and games**

Nobody can deny that games are a part and parcel of life. In fact, life itself is a constantly a game and the world our playground. While we play the game of life, we have to exercise the virtues of courage and bravery. It is hard work but with keen observation and patience and a willingness to try new things, we can all turn into good players. Sports and games teaches and equips one with the skills necessary to overcome challenges that life throws at us.

Sports and games become especially important for youngsters as it helps them to develop their bodies as well as their minds. They help build character and instil values in young minds.

If a child is physically fit, then he/she is also mentally fit. A sound body usually contains a sound mind. A healthy person is always hopeful and cheerful. On the other hand, an unhealthy person leads a painful and miserable life. Life can become a burden.

Games and sports also encourage a sense of equality, cooperation, discipline, teamwork, patience, punctuality and tidiness. They add much-needed colour to an otherwise dull and monotonous life.

Today, sports and games have assumed much importance in most people's lives. A career in sports is slowly becoming attractive and lucrative across the world. And with various governments around the world thankfully supporting the cause of sports through special grants and privileges for sports person, the future seems bright.

A former athlete, Ma'am Richen is a hard-core ambassador of sports and outdoor activities.



Ma'am Richen Dolma, Physical Education Department

#### A Walk in the wilderness

A nature camp for students in association with the Nature Conservation Foundation

Spending two days in the outdoors was an experience as fresh as the first spring flowers. The nature camp organised by NCF India gave students of 6th grade the opportunity to move out of the school campus and take in all that nature has to offer. Their natural curiosities aroused, they found themselves exploring and lost in a world of wonder and awe. They became receptive and curtailed their mischievous selves. All because the purpose was to observe quietly and learn about the plethora of flora and fauna in Ladakh.



During the camp in September 2017, many activities had been arranged for. From mountain hikes, camp fires and learning about wolves, wild cats and herbs, adventure and discovery had all been weaved into one wholesome experience. Student members of the Himalayan Nature Club now have memories that they will carry with them forever.



Ma'am Stanzin Dolma, Science Department – Middle Section

#### A time for bonding – Teachers' tour diaries

Ladakhis are natural hikers because we live in the Land of High Passes, but thanks to our profession, we had been consumed by all the demands of a teacher's life. Many of us hadn't climbed high in a long time, so scrambling up that mountain pass was a stiff ask.

However, the whole world became a beautiful place again just as we groped edges of the last few rocks to reach the top. Once we reached the summit, the sense of achieving something, more so conquering our own self-doubts, made the effort worth it.

The academic year as it is, it is not often that the school staff carves out a breathing period for itself. But that is exactly what the Principal insisted we do. A 3-day outing for the whole team with one and only one instruction....go chase fun!

A day-long hike in Sham Valley from one beautiful village to another, gave the staff many opportunities to interact across the board over almost everything under the sun. We hopped and jumped across gurgling streams, picture-perfect grasslands and tiny villages, often exchanging notes about what worked and didn't inside classrooms. We were one with the elements, bringing back a flood of memories from childhood.

At the end of three days, we had hiked, warmed ourselves by bonfires, danced like giggly school kids and reminisced about old times.

Before we left for the outing, all of us were great colleagues. But we returned as great friends. A closer bond has ensured that we became a more tightly run ship. And what makes it even better is that our children are reaping the benefits inside their classrooms.



Ma'am Tsetso and Ma'am Yangchen
English and Social Sciences Departments – Middle & Junior



#### That's a 'Fine' way to do it, said the Library

Sometimes, it can be hard to encourage students to speak in English all the time. As a Math teacher, I recognise the importance of English skills as much as Math skills. Both are essential life skills and as teachers, we are all always putting in a continuous effort to teach our students these.

Sometimes, it becomes necessary to incentivize students to speak in English. As the class teacher of 5th graders, I decided to impose a small fine of Rs. 10 every time a student deviated from English to any other language during my class. We are an English medium school after all!

I wasn't sure if this would act as a detriment because the first couple of months saw a steady flow of money being collected as fine. I myself was guilty to it and ended up paying on three occasions. But slowly, the collection of fines reduced. The ploy had worked! Students had begun to speak in English. By this time, we had also collected a sizeable amount of money.

And there was only one to spend it...books for the Library! With the amount, students along with me went to the market and bought story books for the Library, adding to its collection. All's well that ends well, I guess!



Rajeev Kumar Mirupa, Math Department – Middle Section

# The English Speaking Contest Let's fix that starting trouble, shall we?

Learning to speak English can be hard. There are hundreds of grammar rules to remember, not to mention memorizing completely new words of a foreign language. As adults, we know that benefits far outweigh the pain that one goes through learning it.

But how do we get kids excited to speak English, and more importantly, begin to think in English? Throw in a pair of Ice Skates, and voila! Their engines begin to sputter to life and the starting trouble is largely fixed. And with time, this culture of speaking English will become behavior.

The original idea was to open this contest for all children of the school, but it was decided to pilot it with the Junior kids, so that we can more effectively measure the outcome of the effort.

Ice Skating is a hugely popular winter sport in Ladakh. A pair of skates doesn't come cheap, so it turned out to be the perfect positive incentive to grab children's attention. The contest will run through the end of November 2017, followed by a final 5-minute presentation in English by the finalists to teachers and the Principal.

Inside class rooms, we are beginning to see the difference in speaking skills and confidence of the kids. The building blocks are falling in place. We'll keep you posted!

#### Sonam Lanzes | 4A

The English speaking contest is showing great improvement in my pronunciation as well as spellings. I think that if I put more effort, my English will become perfect. And I also think that if I get the ice skates, one day they may break, but my English speaking will never break. English will be very useful to me in my whole life. I can communicate easily with people. I will try my best to win the ice skates.



Sir Varun, English Department – Junior Section



#### Surviving a supernova explosion

It's the last period of the day and I'm hoping that the kids won't be as jumpy as the previous class. I have to introduce them to a new member of the village today.

In the past few days, we've been visiting a village called "Grammar", getting to know its inhabitants one by one. The kids are well aware of the family living in the first house, the head of the "Grammar Panchayat" – The Articles, who have only three members in their household. They are also familiar with residents of the next three houses – Nouns, their close relatives pronouns and verbs.

The objective today is to introduce them to occupants of the fourth house, but I'm not sure if I can get there. There's an explosion waiting to happen and I can smell it.

"All my fault!" I mutter to myself. The carrot I dangled yesterday in front of them is coming back to bite me. As a reward for doing well in the weekly test, I had promised to show them a video for 15 minutes today, something about Mars. As I approach the class, I take a deep breath and open the door and....Kaboom!

A sudden and huge explosion hits me as they come running towards me. "Good afternoon, Sir....Video....video...remember you said video?...Do you have the laptop today, Sir?". It feels like the supernova. I'm cornered. "Time to fire that voice missile now" I tell myself.

"Alright....that's it", I announce as loudly and calmly as I can. Within a couple of seconds, dominance has been established. There's an eerie silence. One of them musters the courage to place his demand on behalf of the whole class. "But Sir...you said yesterday that...."

"I know what I said" I cut in. Silence again! As the class settles down, we get down to the business of watching a clipping of The Martian. As Matt Damon walks around the surface of Mars, I see many kids with their mouths open, eyes fixated on the screen. "Is Mars really like this, Sir?" someone asks.

A quick glance at the watch tells me there are only 10 minutes to go. But I'm having the best moment of the day. The look on their faces and the barrage of questions that hit me after I shut the video down makes it worth all the time and effort. Adverbs will have to wait one more day!



Sir Varun, English Department – Junior Section





World itself is strange, Celebrating all its gratitude, But lacking in thanking someone worthy, No one knows who she is!

> The one who has taken All the burdens, Has led our soul With her abilities and strength.

Yet no one properly thanks her!
Yes, no one feels her love and care!
So a daughter cries out,
'Why do they never look at your moist eyes?'
Mother, your eyes are the lakes of Heaven!
Lips like the ocean of joy!
Smile like the blooming of a rose!
Lap like the dream house of your off springs!



We can live without religion and meditation, Not without her unconditional love. Oh! My dear mother, Where are you in this vast world? I fail to find you. Your remembrance kills me every moment! Your love tears my heart apart.

I wish to see your loving face,
I dream of you,
I miss your love.
My love for you is uncountable like the stars!
My faith towards you is doubtless and boundless!
Come once more into this world,
I'll be no more trouble to you!

#### A short story of my Mom and me

Stanzin Chuskit | Class : 5B

Today, I want to say something about my mom. She was eighteen years old when I was born. When I was five years old my father left us. Now my mother looks after me. I am eleven years old.

She is employed in the Army C.S.D. She earns almost ten thousand, only in one month. She always tries to give me everything. My mom loves me so much and scolds me if I do anything wrong.

My mom struggles for my education and daily needs. We look like sisters and live like friends. I share everything with my mother. She understands me very well.

I want to say lots of thanks to God for giving me such a good mom.





#### Why I Love My Cat

Rigzen Angmo | Class: 9A

My cat name is Kitty. Her colour is white. She is so good and a cutie. Her mother's name is Jolly.

My cat is so small. She has only a mother. She loves to drink milk. She also loves her mother.



#### IIMUN 2016 in Mumbai (Model United Nation)

Jigmet Skalzang shares her experience in the big city

Jigmet Skalzang | Class : 9A

"...It was very exciting to learn that I was among the few that been chosen to attend the conference in Mumbai.

The biggest takeway I had from the conference at Taj was the chance that I got to interact with hundreds of students from across India.

I have always been curious to know how boys and girls of my age in other schools of India are. And this conference satisfied my curiosity.

I felt like the frog that had jumped out of

its well to discover a whole new world. Now, when I'm in a group of people, I no longer feel shy or under-confident to express my views.

Another thing that I learnt was that what we learn in books do not give 100% knowledge. Some things just have to be experienced to learn new things.

Also, I came back feeling important. Because, during the conference we were made to discuss world issues, while acting as diplomatic delegates of different countries.

More than anything else, when I saw people from every corner of the country, I realised something else...Although I stood there nervously and proudly representing my school, I realised that I was also representing the whole region of Ladakh.

Most kids did not even know where Ladakh was on the map. I felt a sense of pride and responsibility for being a part of a process that was trying to put Ladakh on the map, and still remember feeling goose bumps..."



What is the colour of the world? Actually on the globe and the map, the colours are green and blue. If we look towards the village, it is very colourful! Trees are green, the sky is blue with white and grey clouds, mountains are brown and houses are white and yellow!

Now the city is even more colourful! Roads are grey and black and vehicles on them are in all the colours of the rainbow!

Towards evening the skies are radiant and blush with colours of crimson and gold! In winter, the mountains shine in

the light of snow, a mysterious shade of white!



Is the world really as colourful as it looks? Or, green, brown and blue as on a map?

#### "If Music be the food of love, then play on...

- William Shakespeare in Twelfth Night

Stanzin Zomskit | Class : 9A

"Mere chotey chotey khwabhain, Khwabon main geethain, Geeton main zindagihain, Yehi meri chaahat hain"

"I have a small dream, a dream in which there is music, music in which there is life, a life that is all I want"

Once upon a time, there lived a sorrow in a young girl's heart that was very hard to deal with. Nothing seemed to help her fight it. Until one day, her hand reached out to a special medicine and pressed 'Play'....and music took over. The sorrow had finally met its match!



Music for me is like a prayer that I chant all day, right from the beginning of the day till the day's tiredness puts me to sleep. Among the many dear teachers that I have had the chance to learn from, Music too is one of them. It has taught me not dwell in the past, inspired confidence and hope that tomorrow will always be a better day than today.

I have to mention my favourite singer here who introduced me and took me on a tour of the music world – Shreya Ghoshal. Her melodious voice, sometimes filled with love, sometimes filled with pain, breathes life into every song she sings. And at the same time, she tugs at the heart of millions of music lovers, including me, making us emotional.

I have a dream, one that recur, that one day I will be able to sing just like her in front of an audience of thousands and be able to reach out to them with my voice and make them love me.

Can I sing like her? No, I can't. But with practice, I hope to. And dreaming about it makes me happy, irrespective of how my day is going. My experience as the lead vocalist of the "Pecker" band has taught me that singing is all about coordination.

"You are beautiful! No, I mean everyone is."
She defined beauty like the lovely night,
Gorgeous it is, the cloudless starry skies
She looked like the moon, clearly shining bright,
And one thinks for sure, her smile is in my eyes.

I wonder, I wonder, if it is her smile, That increases my heartbeat by a mile. And clearly her smile is a sight to behold, A treasure more precious than diamond or gold.

What to do, how can I say,
That seeing her makes my day?
That she is more beautiful than even spring,
One look at her and wonderful memories she brings.

Every night, I cannot sleep...she is in my head, And even mornings...she is still there, she never fled. But she is a thing of joy, a work of art. How do I possibly win her heart?

> How do I let her know how deep my feelings go? How can I tell her my heart is true? What is a helpless boy like me to do, When the most beautiful girl in the world is you?

> > In the winter, there might be bitter snow, But amazingly, plants still find places to grow. My feelings might not reach you, I might not escape death, But do not worry, I loved you endlessly when I breathed.

> > > So girl, I know you have choices, But choices...let them be. For I also know that you hear voices, Telling you it is me.



#### Let the drums begin to roll...

Stanzin Dawa | Class : 8A

The Pecker band was formed just a few years ago. So far, the band has performed on stage only on special days. Since I joined it, I have done two shows as a drummer. The first one at the school Expo which was not that good. And another one during Teacher's Day which was not that bad. During the shows, we made many mistakes, but it does not matter because we are all learning.

We are hoping and trying to make the band a strong one. We are practising hard and hope to rock the stage next year. All members of the band are hardworking and will do anything for music.



Our band's main support is the music teacher. He maintains the band's instruments and is an awesome guitarist! I am sure we will rock!

#### Charity begins at home...

I want to share my experience about how I collected money for HelpAge India. First, I collected money from my own family. Then after that, I started going to my neighbourhood. At that time, I felt nervous because I was thinking how I can explain the purpose to them. After that, without explaining, I would return back to my home. Then my parents would ask "Did you finish collecting money?" And I would say no. I would feel afraid and go to another room and started thinking about why I cannot collect money for the poor.

Nowadays, many people are busy with their work or business and forget to look after their parents and have started to give them away to old age homes. But when I grow up, I will look after my parents. I will spend more time with my parents.

Again, I went to my neighbourhood and started calling out to people and explaining to them about why I was collecting money. And they started donating. I went from one house to another, when I met my elder brother. He joined to help too.



At the end, I was shocked because I could not imagine that I could collect so much money. The total amount was Rs. 4,360. All of it has been given to Help Age India. I have collected this much of money because I love my grandparents.

#### When the school meets the community, it is time for celebrations

#### The Druk White Lotus Expo 2017 Rigzin Angmo (Co-Head Girl) | Class : 9A

Jullay! I have noticed with great pride and satisfaction over the year how there has been development in the school and the school Expo is the right time for us to express ourselves in front of the community and students also learn how we should interact with them.

The main motive of the Expo is to raise funds for the school. All of the Dragonites' family work very hard to help with the needs of the school. The third Annual Expo was simply amazing! I was playing a big role there on the stage as the MC and DJ, helping play Hit Pop, Bollywood and Ladakhi songs on demand. It was extremely exciting!

There were around 20 different stalls like food stalls, arts and a haunted house as well. There were different cultural performances. The enthusiastic team of the school took great initiatives to entertain the community.

My dad, being in the army really, has shaped me to respect everyone and have a sense of responsibility and discipline. For the third chapter of the Expo, the Army was of great help to us. They took initiative and raise the funds for the school. With all respect, I would like to express my sincere gratitude towards them and towards all the Druk family for the successful third Expo. Tashi Delek!



#### **Adventure Exorcises Fears**

It was indeed a wonderful experience to go out on an outing with our beloved teachers. Appreciating the hard work of the teachers and the student council, the school decided to take its' family for rafting. Sounds exciting, doesn't it?

Me and my friends really were very excited. We have seen people rafting in pictures but none of have any experience of rafting real life. So, it was something new for almost all of us. New things are always exciting.

Some of the teachers were nervous. Our journey was supposed to start from Phey to Nimmo, which was about 24 kms. Early in



the morning, the hostelers were getting ready for picnic while we were getting ready for the adventure.

Sadly, it was a cloudy day and we were told that it was going to be really cold in the valley. So, we wore warm jackets. Two school buses were there to take us to Phey.

As we reached there, I saw blue and red rafting boats, which have a rope around them. As I observed, there could be eight people in one boat. I used to think that we have to sit inside the raft. But my imagination was completely wrong.

Our instructor told us that we have to sit on the edge of the boat. I was really nervous. I thought about how we could balance our body. He gave us many instructions.

The best one was when he said "when you fall, balance on your back, smile, thumbs up, eyes open, and life is great!"

So we were given suits to wear, paddles and helmets. Everybody were looking different and were laughing at each other. There was a rescue team in which there were outsiders except one Ladakhi.

Ladakhis want a luxurious life in a place which is already full of adventures and challenges.

We were divided into seven rafts and our team was the first to start. We were instructed that there will be rapids and I was already looking forward to it. At the start, the water was still and we practised paddling by coordinating with each other. And it was teamwork.

The rescue team was present with us. We all were enjoying the nature when suddenly a rapid came and we were shouting and holding the ropes. Some were throwing water at each other. We all were having fun.

As the raft was moving, there came a bog boulder. I looked at it, our raft was moving towards it at full speed. As I stared at it, BANG! SPLASH! I feel into the river. My head was inside water, and paddle in my hand. I remembered the instructions and tried to balance on my back.

It was very difficult to breathe as my mouth was full of water. So, I swallowed the water. Everyone was encouraging me to be brave, but I felt like laughing. I was enjoying in the river because it was letting me float.

Then suddenly, my senses came back and I remembered that the water was about 10 feet deep. I was nervous again but the rescue team was there to help and they pulled me up into the raft.

I was completely soaked, and to add to the problem, it began to rain. It was very windy so we were forced to stop on the way. We boarded the buses and completed the rest of the journey on it. As soon as we reached Nimmo, we changed clothes and had lunch.

Later, I came to know that many teachers had also fallen into the river. It was really a lifetime experience for all of us.

Thank you school for giving us a memorable time!!

#### **Bookworm's Corner**

I love to read. When life becomes banal, books come as a life saver and take me to a world of adventure.

I like fiction and fantasy, especially about magical lands, creatures and people with magical powers like Dobby the Elf and Dumbledore in Harry Potter. Fantasy books are not like the real world which is full of sorrows. In fiction, it usually ends with "...And they lived happily ever after".

Books have strengthened my vocabulary as well as reading skills. They are my best friends and will never leave my arms. They have become a part of my life.

The library has always been my favourite place in the school and I am always excited about the 'Book of the Month'. The library buys one book every month and I wait for the new arrivals.





#### An ode to Arup

Arup is an independent firm of designers and architects, working across the world to build eco buildings.

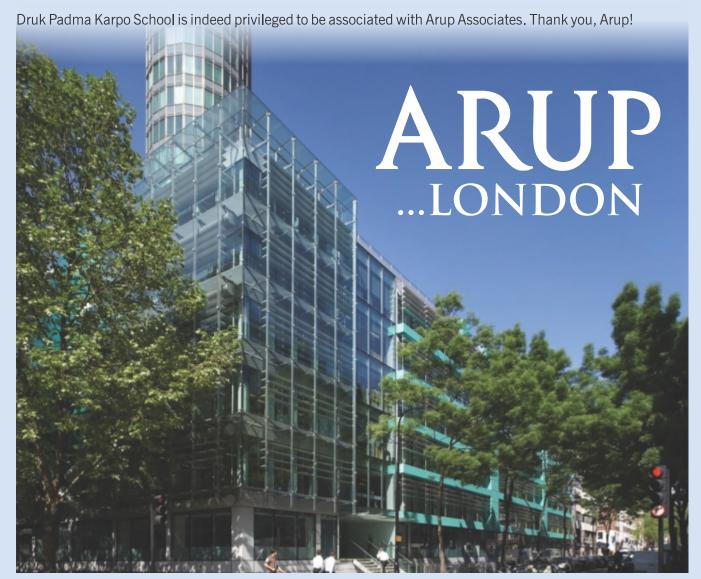
The school's buildings have been designed by volunteers. Working with architects from Arup Associates. Designed to be built in stages, our plan for the school included teaching courtyards, a large dining hall and kitchen, science and computer labs, an art studio, medical clinic, and accommodation for students and teachers. All buildings have been built around the Central Courtyard, known as the 'Mandala', an ancient Indian symbol of wholeness, inclusivity and organization.

Given the extreme temperatures in Ladakh, the summers being hot and winters being bitterly cold, the buildings have been designed to harness passive solar heating, such that even during winters, the rooms remain heated with little to no reliance on fossil fuels driven electricity.

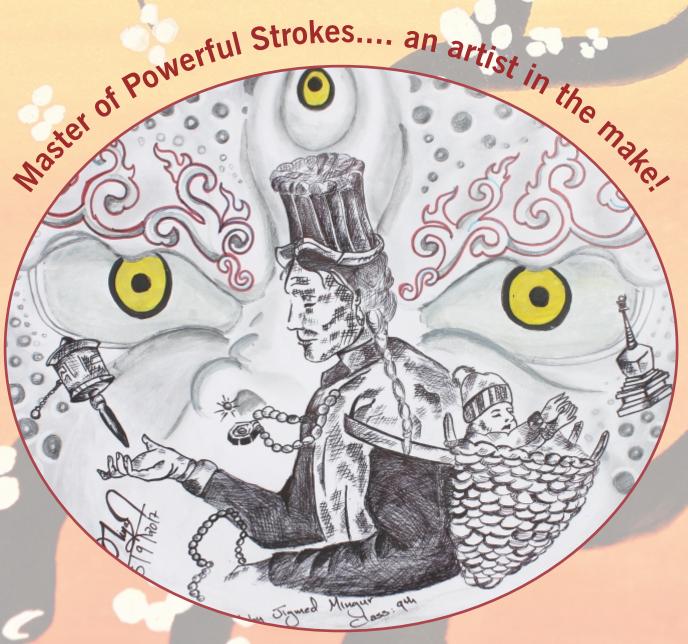
Working intimately with the school, Arup Associates have developed a unified and eco-sustainable design for buildings in the school, based on energy conservation, preserving local culture and using native techniques.

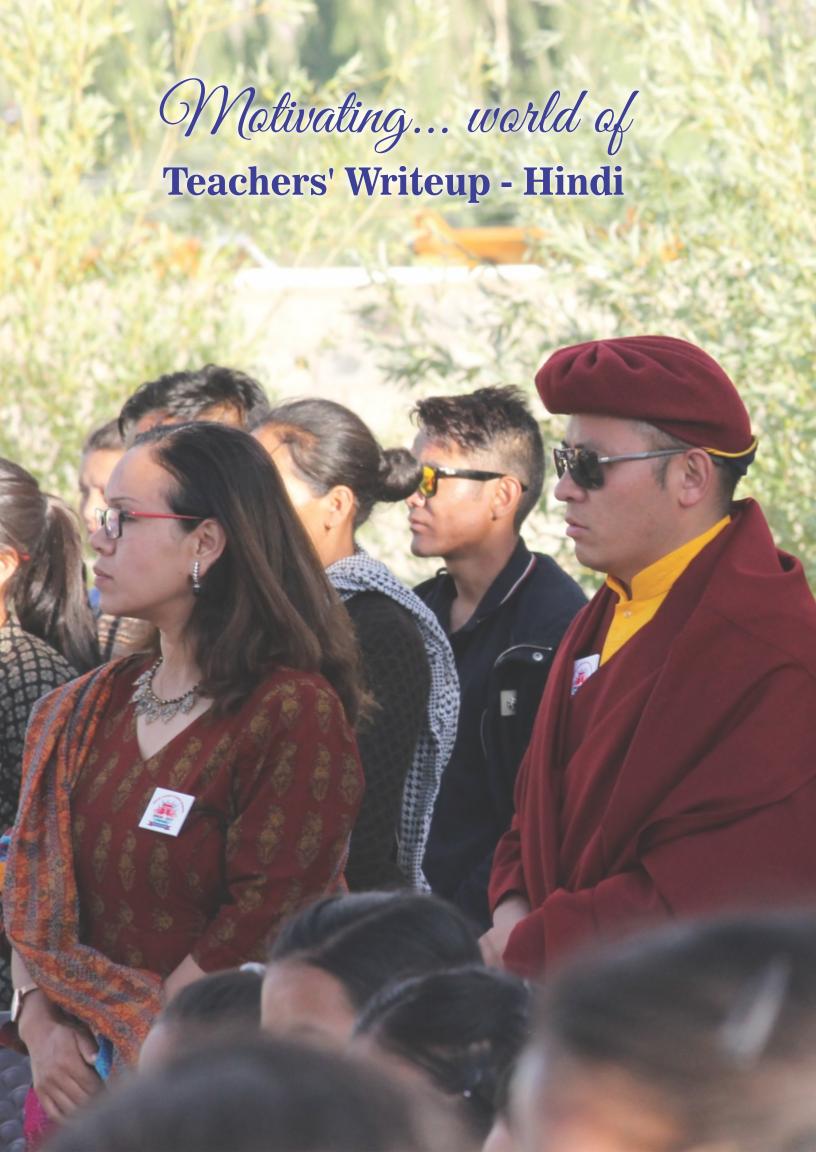
Along the way, the design has earned Arup Associates and the school accolades in the international community, with awards such as the prestigious "Best Educational Building" at the 2002 World Architecture Awards, beating strong contenders from around the world. "In addition to the school's environmental aspirations, it provides students with excellent premises. Who would not want to be educated in a building like this?" observed the judges panel.

Seeing locally excavated rocks, stones, mud bricks, timber and grass used in the construction, His Holiness the Dalai Lama was moved by the effort too. "The idea of having a modern school which lays equal emphasis on preserving traditional culture is very encouraging." he said.









#### शिथिल पड़ता विश्वास

मैं हूँ शिथिल पडता विश्वास कभी बसता था स्वसों सांस, कभी था जग में सवर्स वास मनुज के चेहरे का नूर था खास।

> जैसे—शैशव के नेत्र में चमकता अपनी मां के प्रति विश्वास जैसे शिष्य के चेहरे पर दमकता अपने शिक्षक के प्रति विश्वास।

हो यह कायम तो मंजल संसार हो यह घूमिल तो व्यथित संसार, टूटे यदि तो बिखरते निस्सार रहे अटूट तो सुखी घर संसार।

> रहे विश्वास कायम जग में तो एक.साथ सुख पा सकते हैं, हम चाहे तो पल भर में भीतर धरती को स्वर्ग बना सकते हैं।

#### विश्वास

एक बच्चे को एक दिन किसी ने चॉकलेट दी जो कि उसे बेहद पसंद था। इच्छा होते हुए भी बच्चे ने लेने से मना कर दिया। क्योंकि मां ने उसे कह रखा था कि यदि आप चॉकलेट खाओगे तो मुझे बंदी बना लिया जाएगा। औरत के ज़िद करने पर उसने कहा कि मैं नहीं खा सकता क्योंकि मैं मां के बिना नहीं रह सकता। यह है विश्वास भगवान ने जब धरती पर अपना दूत भेजा था तब विश्वास सभी मानव के अंदर विशेष रुप से स्थापित था। मैं हूँ विश्वास। में मैं युगों युगों के कालांतर को देखा है, परखा है। एक युग था जहां पूरी शांति थी। घरों तथा आभूषण के संदुकों में ताले नहीं लगाने पड़ते थे। एक युग आज का है जिसे कलयुग कहा जाए तो अतिशियोक्ति नहीं होगी जहां कठोर व्यवस्था के बावजूद भी बैंक लूट की जाती है। संदूकों के ताले तोड़कर जेवरात चुरा ली जाती है। हाय ! यह मैं क्या देख रहा हूं विकास भवंडर तथा आडंबर की ढोल में इंसान इतना दुषित हो चुका है कि मेरे तुम्हारे अंदर बसना नामुमिकन हो गया है। तुम भी मुझे दख़ल करना चाहते हो पर मैं अपने कर्तव्य से नहीं हट सकता जिस..... के लिए भगवान ने मुझे स्थापित की है। मैं अपना अस्तित्व मिटने नहीं दुंगा। मन को स्वस्थ बनाए रखने के लिए मैं (विश्वास) अकसीर हाँ। कोई भी इंसान अपने को पहचाने बिना जीवन का लाभ नहीं उठा सकता और ना ही उस फ़र्ज़ को पूरा कर सकता है। जिसके लिए उसका जन्म हुआ है। मनुष्य के अंदर इच्छाएं हर वक्त जन्म लेती है। अच्छा इंसान अच्छे विचार तथा कर्म के साथ उसकी प्राप्ति करता है जबकि नीच मानव छल तथा कपट के साथ अपनी इच्छाओं को पूरा करता है। तुम में से कई स्वयं को तुछ समझने की भूल कर बैठता है। जिस कारण जीवन की सफर रुपी नाव डगमगा कर भंवर में फंस जाती है। तब जीवन में आगे बढ़ने के लिए मेरी जरूरत पड़ेगी। विश्वास को दो तरीकों से कायम रख सकते हैं, त्याग से और विवेक से। अपनी आंखें ख़ुली रखें और उन्हें उन गुणों को अपनाएं जो योग्य है। उन्ही उद्देश्यों की ओर बड़े जो अपनी योग्यताओं से पाना मुमकिनहो। किसी पर विश्वास किए बिना यह तुम्हारे हाथ नहीं लगेगी। विश्वास रखों की तुम आज़ाद हो और कर सकते हो। मैं केसंग डोलमा यह विश्वास दिलातीहूँ कि अपने स्कूल के साथ तन मन तथा आत्मा से जुडीहूँ। मैं तब तक यह यहां रहूंगी जब तक मैं अपना काम निष्ठा से कर रहीहूँ। जिस दिन मैं स्कूल को छोड़ दूँगी। मैं इस पेशे को ही अलविदा कह दुंगी। तो मेरा यह मानना है कि हम सभी को आत्मविश्वास के सारे आगे बढ़ना चाहिए।



| **केसंग डोलमा,** (भाषा अध्यापक माध्यामिक विभाग)

#### श्रिक्षा

शिक्षा शब्द का अर्थ है अध्ययन तथा ज्ञान ग्रहण करना | वर्तमान युग में शिक्षण के लिए ज्ञान ,विद्या, एजुकेशन अनेक पर्यायवाची शब्दों का प्रयोग होता है | चेतन के रूप से मनुष्य के उपयोग, योग्यता और सामाजिक मूल्यों को ध्यान में रखते हुए आवश्यकता के अनुसार स्वतंत्रता देकर उसका सर्वांगीण विकास करती है | शिक्षा हमारे सोचने रहने का और जीने के ढंग को बदलने में सहायता करती है। इसमें नीति और सरकारों का नितांत अभाव मिलता है यह नीतियां और संस्कार हमें प्राणियों और प्रकृति में संपर्क बनाए रखने में सहायता करती है। इस आध्यात्मिकता में मनुष्य उच्चतम महत्वकांक्षाओं का गुलाम होता जा रहा है। उसे हर व्यक्ति में अपना प्रतिस्पर्धा दिखाई देती है। वर्तमान समय में यह आवश्यक क्यों है कि आधुनिक शिक्षा प्रणाली के साथ साथ नीतियों संस्कारों का ज्ञान भी छात्रों को दिया जाए ताकि हम आधुनिकता के साथ-साथ अपनी सांस्कृतिक धरोहर को भी समानता के साथ साथ आगे व सुरक्षित करते रहें। बात यह नहीं कि सिर्फ आधुनिक शिक्षा प्रणाली का महत्व दी जाए और या संस्कृति,संस्कार व नीति काही पाठ पढ़ाया जाए। अध्यात्मिकता व आधुनिकता दोनों का समन्वय होना अति आवश्यक है | वर्तमान समय में हम डूक पदमा करपो इसी समन्वय की अवधारणा को लेकर चले हैं।प्रयोगशालाओं के माध्यम से अलग अलग प्रकार के शिक्षण सामग्री के माध्यम से शिक्षित करना, साथ ही साथ लद्दाख की अपनी लोक गाथा ,लोकगीत, नृत्य एवं खान पान, रहन-सहन, वेशभूषा आदि का भी बराबर ज्ञान दिया जाता है।यहाँ यह कहना अतिश्योक्ति नहीं होगा कि हम काफी हद तक सफल भी रहे हैं और भविष्य में भी इससेबढ़कर करने की चेष्टा रखते हैं। आशा ही नहीं पूर्ण विश्वास है कि महामहिम ग्यालवांग द्रुक्पारिन्पोछे जी और परम श्रद्धेय थुक्से रिन्पोछे जी के आशीर्वाद से हमअवश्य कामयाब होगे।

\*सुदर्शन कुमार पिछले 12 वर्षों से शिक्षा के क्षेत्र से जुड़े हैं



| सुदर्शन कुमार, (वरिष्ट भाषा अध्यापक एवं शैक्षणिक समन्वयक)



#### मेश बेटा

आज सुनाती हूं अपनीजुबानी मेरे बेटे की प्यारी शैतानी। नटखट है वह साल भर का पर करता ऐसे कमाल, हंस पढ़ती हूं जोर-जोर से देखकर उसका हाल, नन्हा सा मासूम सा है वो नया नया चलाना सीखा है, सारी दुनिया को समेटने की चाह में लड्खड़ाकर संभलना सीखा है, पूरे घर में गूंजती है उसकी हंसी की किलकारियां, नया-नया बोलना शुरू किया है कहता अप्पा-मेमे(दादा-दादी) छोटे-छोटे सफेद मोतियों जैसे चार दांत ऊपर नीचे आए हैं, चूहे जैसे हर चीज को कुतरे मिल जाए कोई भी चीज तो तपाक उठाए मुंह में चबाए खिलौनों से नहीं खेलना उसे काम की चीजों से ही खेलना है कुछ भी चीज हाथ में लग जाए तो उठाकर उसे नीचे फैलाता है. शरारत से भरा मेरा नन्हा बेटा सब को परेशान करता रहता फिर भी है सब का दुलारा वो, हर किसी से प्यार पाता रहता मिलने की है आसबढी पर मिल ना पाँऊ,देखकर अन्य बच्चों को मैंउसका दर्शन पाँऊ।



| तनुजा नेगी (भाषा अध्यापक वरिष्ट विभाग)

#### पिता

वो पिता होता है वो पिता ही होता है,

- \*जो अपने बच्चों को अच्छे विद्यालय में पढ़ाने के लिए भाग –दौड़ करता है
- \*उधार लाकर पैसे भरता है ,ज़रुरत पड़ी तो किसी के भी हाथ पैर पड़ता है।
- \*हर विद्यालय में साथ –साथ घूमता है ,बच्चे के रहने के लिए हास्टेल ढूँढता है ,स्वतः फटे कपड़े पहनता है और बच्चे के लिए नये जीन्स और टी –शर्ट लाता है।

....वोह पिता होता है।

- \*खुद पुराना फ़ोन चलाता है पर बच्चे के लिए स्मार्ट फ़ोन लाता है ,बच्चे की आवाज़ सुनने के लिए उसके फ़ोन में पैसा भरता है ,......वोह पिता होता है।
- \*बेटी की विदाई पर दिल की गहराई से रोता है ,मगर बेटी का ख्याल रखना हाथ जोड़ कर कहता है ,वोह पिता होता है।
- \*पिता का प्यार दिखता नहीं है सिर्फ महसूस किया जाता है ,माँ पर तो बहुत कविता लिखी गई है पर पिता पर नहीं।

क्यूंकि पिता ......पिता होते हैं।

LOVE YOU PAPA



**। संजय शाशनी,** (कनिष्ट विभाग गणित अध्यापक)







#### मेहनत और भूल

रोने से तक़दीर बदलती नहीं है | वक्त से पहले रात भी बदलती नहीं दिन भी ढलती नहीं | दूसरों की कामयाबी लगती है आसान, मगर कामयाबी आए भाग्य से | यह भी सच है कि वह पचती नहीं है | कामयाबी पाना है, पानी में आग लगाना | पानी में आग आसानी से लगती नहीं है, ऐसा ही लगता है जिंदगी में अक्सर | दुनिया अपने जज़्बात समझती नहीं है | हाथ बढ़ाकर बैठने से पहले सोच,

जो कभी भूल ना सके, उसे भगवान कहते हैं | जो भूल से बचते रहे, उसे इंसान कहते हैं | जो भूल से भूल जाए, उसे नादान कहते हैं | जो भूल पर भूल करें, इसे असावधान कहते हैं | जो भूल कर मुस्कुराए, उसे शैतान कहते हैं | जो भूल कर भूल से सीखे, उसे बुद्धिमान कहते हैं |

अपने आप कभी जिंदगी समझती नहीं है।



#### परीक्षा के दिन

रिगजिन अंगमो, नवमीं (क)

साल भर ली है शिक्षा, आ गई है अब परीक्षा | याद करो जी जान से, वरना होगा बुरा नतीजा| घूमना फिरना छोड़ दो, पढ़ाई में अब मन लगाओ | खेल नहीं गप्पे नहीं, परीक्षा की तुम करो तैयारी | जागे रातो-रात को, सोचें तो भी चैन नहीं | ऐसे आए सिर पर भूत, नाम है जिनका परीक्षा | खाने पीने का वक्त नहीं, पढ़ाई में इतना न लगे रहो | परीक्षा से संघर्ष करते रहो, नतीजे की तुम प्रतीक्षा करो | छोटा मेरा जीवन का ज्ञान अज्ञान, डरता हूं बड़ी परीक्षा से | फिर भी आती है परीक्षा, जीवन के हर मोड़ पर | डर डर कर याद करते,क्षण मैं तो भूल जाते | इतनी शक्ति हमें दे, जीत, हार का सामना करें | मुश्किल है परीक्षा पाना, मुश्किल है बोझ ढोना | ज्ञान है अनमोल सोना, परीक्षा कान नाक होना |

#### व्यायाम के लाभ

मनुष्य को स्वस्थ रहने के लिए आठघंटे शारीरिक श्रम करना चाहिए। इसमें से मानसिक शक्तियों को भी काम करने का अवसर मिल सके और हमें दस-बारहमील चलना चाहिए। कसरत हमारे शरीर को रोगों से बचाता है और निरोग रखता है। दिन भर के काम को उत्साह से करते हुए ही व्यायाम लाभकारी है।

मनुष्य को स्वस्थ रहने के लिए खेल,सैर, योगा और व्यायाम करना चाहिए और इससे शरीर के अंगों में रक्त तेजी से दौड़ने लगता है | सर्वोत्तम कसरत हैं चलना क्योंकि चलने से प्रत्येक अंग में हलचल पैदा होती है और सारा शरीर पुलिकत हो उठता है | चलने से बाहर की शुद्ध हवा मिलती है साथ ही बाहर के सुंदर दृश्यों का आनंद भी प्राप्त होता है | सदा एक ही जगह और गलियों में नहीं चलना चाहिए।स्वस्थ्य तथा शक्तिशाली मनुष्य पृथ्वी पर हर प्रकार से सुख प्राप्त कर सकता है | इसलिए व्यायाम हमारे लिए लाभकारी साबित होता है | व्यायाम अनेक प्रकार से किये जा सकते हैं जैसे दौड लगाना आदि।



#### सखी के संग

चम्बा डोलमा, सातवीं (ख)

वह हमें जिंदगी जीना सिखाती है | सहेली के बिना हमारा जीवन अधूरा बन जाता है | सहेली कहने से नहीं बनती बिल्क उसे निभाना पड़ता है | हम सब एक ईमानदार और अच्छी सहेली की खोज में रहते हैं और जब हम यह सहेली मिल जाए तो हम उसे कभी नहीं खोना चाहिए | अगर हमने यह सहेली खो दी तो सोच लो कि हमने सब कुछ खो दिया है और हम यह रिश्ता फिर जुड़ना बहुत मुश्किल पड़ जाता है | कभी-कभी ऐसा समय भी आता है कि हम अपनी ही सहेली से झगड़ा करके एक दूसरे से बात नहीं करते लेकिन यह बहुत मुश्किल है जरुर हम अपनी सहेली से कुछ बात पर झगड़ा करते है लेकिन जल्दी रूठना मनाना होता है | यह ठीक नहीं इस झगड़े को

एक छोटा सा मजाक समझकर भूल जाना चाहिए तभी और रिश्ता मजबूत होगा | सहेली के बिना खाना-पीना उठना बैठना घूमना सब कुछ मुश्किल है तो हमेंअपनों से झगड़ना नहीं चाहिए | अगर साथ में सहेली हो तो कभी भी करे कोई कुछ भी नहीं बिगाड़ सकता | मैंने अपनी सहेली के

साथ बहुत तरह के दिन गुजारे हैं। एक अच्छी सहेली मिलना बहुत मुश्किल है तो सब अपनी सहेली की कदर करें।



#### नारी सशक्तिकरण

जिस प्रकार तार के बिना वीणा और धुरी के बिना रथ का पहिया बेकार होता है | उसी तरह नारी के बिना मनुष्य का सामाजिक जीवन। नर तथा नारी समाज के दो महत्वपूर्ण अंग है | प्राचीन काल में नारी घर घर की चार दिवारी में रहकर अपने कर्तव्यों का पालन करती थी | स्त्ती को माता का महान रुप भारतीय शास्त्रकारों ने दिया है | आज की नारी अपनी दोहरी भूमिका का निर्वहन कर रही है। उसके कर्तव्य का क्षेत्र पहले से बढ़ गया है। आजकल की नारी विवाहित रूप से घर का उत्तरदायित्व संभालती है तो दूसरी ओर बाहर के क्षेत्र में काम करने और कुछ काम कर अपने पित का घर का खर्च चलाने में हाथ बाँटती है | अविवाहित नारी नर के समान भारी क्षेत्र में अपनी क्षमता का पिरचय देकर कुछ अर्जित परिवारों की आर्थिक दशा सुधारने में अपना योगदान देती है | आज कोई ऐसा क्षेत्र नहीं जहां नारी नेपर्दापण कर अपनी प्रतिभा का परिचय ना दिया हो | राजनीति के क्षेत्र में भी उसने कदम बढ़ाए है | एक रूप में वह मां और पत्नी के रूप में घर का सारा काम करती है तू दूसरे रूप में वह बाहरी जीवन में अपनी प्रतिभा का घर और बाहर में सुंदर समन्वय किया है | आज आवश्यकता है नारी के महत्व को समझने की उसे पुरुष के समान ही आदर देना | लड़का हो या लड़की दोनों के प्रति एक ही दृष्टिकोण होना चाहिए। दोनों को एक सी सुविधाएं प्राप्त हो तो नारी निश्चित रुप से परिवार समाज तथा देश के उन्नति में महत्वपूर्ण भूमिका निभा सकती है । नारी का कर्तव्य है कि वह स्वतंत्रता का अनुचित प्रयोग ना करें। एक नारी होने की बहुत नाज है पर फिर भी एक भारतीय नारी होने का बहुत गर्व है |



#### नारी शक्ति

नारी एक नारी हूं मै | एक नारी होने का मुझे बहुत गर्व है | इससे ज्यादा कर मुझे इस बात का है कि मैं एक हिंदुस्तानी नारी हूँ | क्योंकि हिंदुस्तान में नारी को लक्ष्मी का दर्जा मिलता है | एक नारी होने के कारण मैं नारी शिक्त को बहुत महत्व देती हूं | नारी मां, बहन, बेटियों सब एक स्त्ती की पहचान है । कभी मां बन कर सबको खिलाया तो कभी बहन बन कर सबको प्यार दिया तो कभी बेटी बनकर प्यार दिया | एक ऐसा समय था जब नारी होना इस देश में श्राप के समान माना जाता था | एक बेटी होना इस समाज में कलंक था मगर अब वह समय नहीं रहा | अब बेटियां हर क्षेत्र में आगे बढ़ रही है । विज्ञान, अंतरिक्ष पर जाना हर क्षेत्र में लड़िकयां आगे बढ़ रही है किरण बेदी, कल्पना चावला जैसी देश की बेटियों के वजह से आज हमारा देश अपना सीना तान बैठा है । जिस समाज में नारी को सम्मान नहीं होता वह समाज एक आदर्श समाज नहीं । हम सबको नारी का सम्मान करना चाहिए इस देश का बेटी हूं, मैं एक हिंदुस्तानी नारी हूं । मैं किसी की मां हूँ तो किसी की बहन तो किसी की बेटी हूं । मैं एक नारी हूं , मां दुर्गा का रूप हूं , झांसी की रानी हूँ। हम सब भारत माता की संतान हैं । हां एक नारी हूं । हम भी किसी से कम नहीं, कहो तो तारे भी तोड़ लाऊं, देश के लिए मरने की हिम्मत रखती हूं । मैं एक नारी हूं |

#### बोर्ड परीक्षा का सामना

हमारे जीवन में परीक्षा तो होती ही रहती है | हम जहां भी जाए परीक्षा देनी पड़ती है | परीक्षा का यह मतलब नहीं कि हम किसी पन्ने पर कुछ लिखे ।परीक्षा होती है जहां हमें अपने आप को दिखाना होता है कि हम क्या चीज है। मगर बोर्ड परीक्षा बाकी परीक्षा से बिल्कुल अलग है | यही बोर्ड की परीक्षा हमारे जीवन को बनाता है औरनिखारती है।यह बोर्ड की परीक्षा एक साल में एक ही परीक्षा देते हैं | अगर हम उस में सफल ना हो सके तो हमारा जीवन असफल ही है | हमें इस बोर्ड परीक्षा का सामना कर सकते हैं | हमें हमेशा जो भी अध्यापक स्कूल में पढ़ाएं उसे वापस घर में दोहराना चाहिए | अगर हमें कुछ समझ ना आए तो उन लोगों से पूछना चाहिए | अगर हम ऐसा नहीं करेंगे तो बहुत मुश्किलों का सामना करना पड़ सकता है हमें हमेशा थोड़ा थोड़ा पढ़ना क्या यह नहीं तो हम 15 दिनों में कुछ भी नहीं कर सकते | बोर्ड परीक्षा सरल नहीं है और इतनी भी मुश्किल नहीं है वह तो हमारे ऊपर निर्भर है कि हम कितना पढ़ते हैं और इतना पता है हमें परीक्षा में कोई भी किसी का नहीं होता सब अपने अपने काम करते हैं अगर हम किसी पर निर्भर रहेंगे तो हमारे परीक्षा में सफल होना बहुत मुश्किल है | हमें आज से अभी से पढ़ना चाहिए और इतनी मेहनत करनीचाहिए किहम बोर्ड परीक्षा में सफल होना बहुत हो।

#### जल एक अनमोल तोहफा

ओत्ज़ेर अंगमो, चौथी (ख)

जल एक प्राकृतिक संसाधन है | यह प्रकृति का मनुष्य के लिए अनमोल तोहफा है जल हमारे जीवन के लिए महत्वपूर्ण है जल खाने पीने कपड़े धोने खेती-बाड़ी के साथ-साथ अन्य बहुत सारी कामो में उपयोग में लाया जाता है |

जल अनमोल है हमें इसका उपयोग सही तरीके से करना चाहिए।



#### काश मैं परी होती

पद्मा टशी, चौथी (ख)



काश मैं परी होती तो मैं गरीबों तथा भूखे-प्यासे लोगों की मदद करती तथा सबको खुशी से रखती। मैं सभी बच्चों को तोहफा लाती और उड़न खटोले में बैठाकर सारे जग की सैर कराती काश मैं परी होती। किसी देश की वास्तविक संपत्ति उस देश के बच्चे होते हैं | इसी बात को ध्यान में रखकर प्रतिवर्ष 14 नवंबर को बाल दिवस यानी बच्चों का दिन मनाया जाता है । जवाहरलाल नेहरू बच्चों को बहुत प्यार करते थे इसलिए उनके जन्मदिन को बाल दिवस के रुप में मनाया जाता है | बच्चे भी उन्हें बहुत प्यार करते थे इसलिए बच्चे नेहरू जी को प्यार से चाचा नेहरू कहते हैं | बच्चे इस दिन अपने चाचा नेहरु की समाधि पर शांतिवन में जाकर श्रद्धा सुमन चडाते हैं । तथा चाचा नेहरु के बताए रास्ते पर चलने की प्रतिज्ञा करते हैं। इस अवसर पर बच्चों को नेहरू जी की स्मृति चिन्ह गुलाब का फूल और मिठाई भी दी जाती है |

#### काश मैं उड़ सकती

स्तान्ज़िं अंगमो, छठी (क)

काश मैं उड़ सकती तो पहले मैं सारे दुनिया में घूमती बादलों के ऊपर आराम से सो जाती और उसके ऊपर खेलती | बादलों से अपनी ही एक महल बनाती और मैं दुखी लोगों की सेवा करती | पक्षियों के संग ऊंचे आसमान में उडती | देश-विदेश में शांति का संदेश फैलाती तथा गरीबो को प्यार से और भाईचारे से रहने के लिए मनाती।

काश मैं उड़ सकती।



#### मेरे प्रिय पशु-हाथी

स्तान्ज़िं अंगमो, तीसरी (ख)

हाथीएक भीमकाय पशु है |
सभी हाथी पालतू नहीं है |
जंगली हाथी को पकड़कर उसे पालतू बनाना आसान नहीं है |
हाथियों को प्रशिक्षण देने का काम कठिन होता है |
वह पानी में बार बार सनानकरता है |
एक हाथी प्रतिदिन 2 क्विटल भोजन खा जाता है |
हाथी जंगल से लकड़ी ढोने का का काम बड़ी चतुरता से करता है |
हाथी का प्रिय भोजन गन्ना है |



मेरा प्रिय त्यौहार है लोसर।

मैं उस दिन बहुत मजे करती हूँ।

हम लोग लोसर के दिन अलग-अलग पकवान खाते हैं।

हम लोग लोसर के दिन एक दूसरे को शुभकामनाएं देते हैं | लोसर के दिन हम लोग दिए जलाते हैं | लोसर केदिन हम लोग पटाखे भी जलाते हैं | हम लोग लोसर के दिन नए नए कपड़े पहनते हैं |



#### कुछ अनमोल वचन

पद्मा अंगमो एवं छेवांग तोंग्स्कित, नवमी (क)

\*जिस प्रकार पैर में चुभा हुआ काँटा निकल जाने के बाद चलने में मज़ा आता है ,राहत मिलती है ,सुकून मिलता है वैसे ही मन से अहंकार निकल जाने के बाद जीवन जीने का मज़ा आता है।

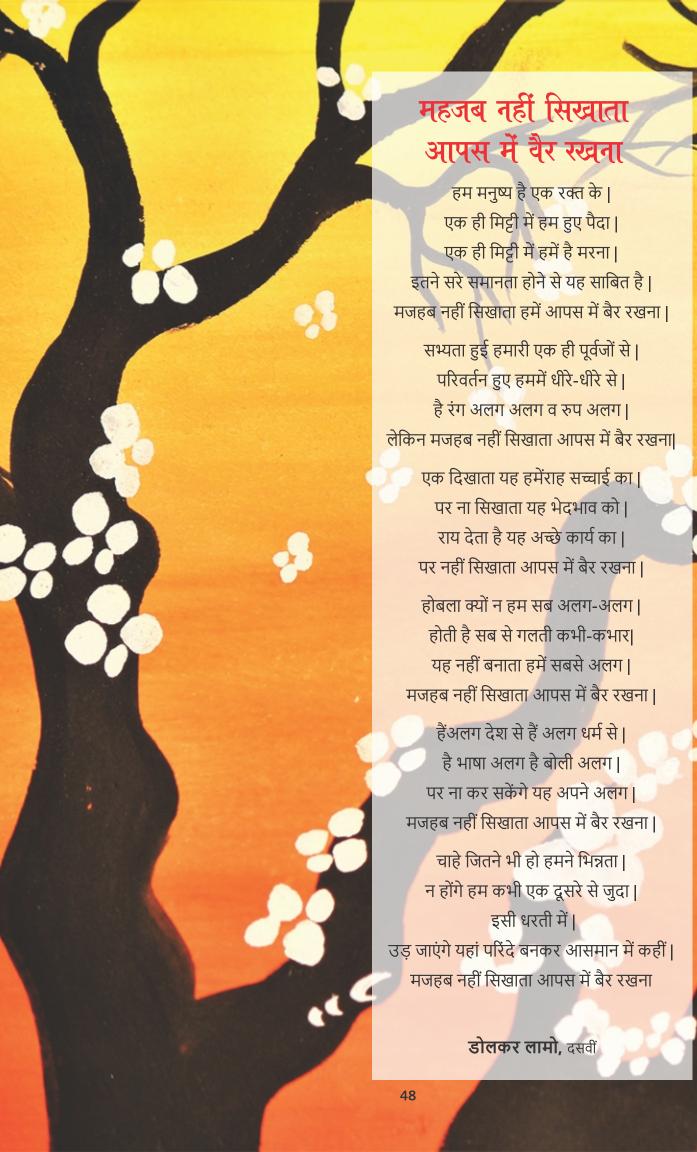
> \*हौंसलों के तरकश में कोशिश का वो तीर जिंदा रखों, हार जाओ चाहे जिंदगी में सब कुछ, मगर फिर से जीतने की उम्मीद जिंदा रखों।

\*यदि आपके चंद मीठे बोलों से किसी का रक्त बड़ता है तो यह भी रक्तदान है।

\*यदि आपके द्वारा किसी की पीठ थपथपाने से उसकी थकावट दूर होती है तो यह भी श्रमदान है।

\*यदि आप कुछ भी खाते समय उतना ही प्लेट में लें कि कुछ भी व्यर्थ न जाए तो यह भी अन्न दान है।

\*जिंदगी में अच्छे लोगों की तलाश मत करो ,खुद अच्छे बन जाओ ,शायद आपसे मिलकर किसी की जरूरतें पूरी हो जाये।



#### स्तान्ज़िं ज़ोत्पा, सातवीं (ख)

#### मैं भी सेना में शामिल होना चाहता हूँ

दुश्मनों को मुंहतोड़ जवाब देना चाहता हूँ, गोली से तहस-नहस करना चाहता हूँ, मैं भी अपने पिताजी की तरह, जोशव देश प्रेम में ब्राह्मण देखना चाहता हूँ। मैं भी सेना में शामिल होना चाहता हूँ।

पहाड़ों पर बने बकरों पर राज करना चाहूँ दुश्मन के मन में डर फैलाना चाहूँ देश का हथियार बनना चाहूँ हथियार बंद कर दुश्मनों को ठिकाने लगाना चाहूँ मैं भी सेना में शामिल होना चाहूँ

सरहद पर मैं भी करना चाहूँ गोली का जवाब गोली से देना चाहूं मेरी यह मानना है कि ......

देश की रक्षा के लिए अपना बलिदान देना चाहूँ भारत मां का नाम रोशन करना चाहूँ मैं भी सेना में शामिल होना चाहूँ |

जय हिन्द





#### 10 साल बाद

10 साल बाद भविष्य में क्या होगा? किसी को क्या पता न बूझा,न जाना,न देखा,न परखा केवल है सबने सोचा

> दस साल बाद क्या होगा? हमे किसी ने बताया पर आगे हमे क्या करना है यह सबने है अंदाज़ा लगाया।

क्या दस साल बाद हमारे पास होगी एक नई किस्म की कार, या हम में से कोई, बन जायेगा एक 'फिल्म स्टार'

मुझे डॉक्टर भी बनना है,

और" एक्टर" भी बनना चाहूंगी एक नर्तकी शायद ,10 साल बाद।

टीचर भी बनना है, "मिस इंडिया भी।

> दस साल बाद इन में से कुछ बनना है मुझे दस साल बाद इन में से कुछ करना है मुझे।

किन्तु भविष्यअज्ञात है, केवल वर्तमान ही साथ है। किन्तु फिर भी मन में है जिज्ञासा, जीवन में कुछ कर गुजरने की आशा।





School is the best place to be!



## az/12/1011102/9/119/11

रुशमाश्चराकुषानागुनाकुःहेर्नेषा न्मवास्त्रम् । संदे स्मुन्या नात्र असुन्य भी सर्हेन वुद्रः शेस्रशः सद्दर्भवे द्वारा मृत्रः देत्र केत् वीशा अवाय्व नर्रेन्वस्य हेन् उर क्रेन्यर मिन स.पूर्याचे नदुः ल.र्या स.चश्चेष वयसाश्ची र्स्नेन स्रोदे स्ट्रेंग्याया भीया देगा स्रोता वनया शु यन् नग्न स्रेंन म्यानिस्यानिस्यानि हेन्से स्या मू.चीश्रभ.चीश्व.सम्बन्धाः क्ष्माः भीच्याः श्व.तक्ष्मा

नक्षु सेन् ग्रह्म नदे सेंत् ह्व ह्या राजनेवा . वा.र्च्याशः कूँच्याश्चः कूषाः भूष्ट्राः स्वयं स्वयः स्वयः । । भुन्याम्बर्यासर्केम् मे नगव देव हे न वन्या से ना यन् सन्गरम्बे र्सेन वृष्येन वेंदर विदर्भ देव केव नारोर प्यस न में वि न के सामित होता हो स न्मणः स्वायम् । सर्वः श्रुम्याम् वर्षः सेवः केवः वा नन्गा उना निका र्सेन गुन ग्रीका र्सेन प्रनुन तुका। वर्षेत्रा सर्थे देवा हिंदा हिंदा हिंदा हिंदा हिंदा हिंदा है। हिंदा रिक्त हिंदा हिंदा हिंदा हिंदा हिंदा हिंदा हिंदा हिंदा है। हिंदा हिंदा हिंदा हिंदा हिंदा हिंदा हिंदा हिंदा है।

All Teachers of Bothi Department



# 19991141mlannlan

- १ र्वार-प्राव क्षेत्र-प्रीप-क्षेत्र-कष्टिक्ष-कष्टिक
- त्र्वायः वित्रायः नित्र नित्र
- ही व्यानश्चित्र या द्वाया के स्वास्त्र व्या गुन्
- ५ ो न्वरानुशाश्चार्थराश्चात्रवासार्थराश्चे। वेज्ञार्थराश्चार्थराश्चात्रवासार्थराश्चे।
- मासान्दाल्यावर्षेत्रानर्भेत्राना
- न रे मै.चर.मै.चर.मूर्य.सूर्य.सर्थ.लर.।
  - নশ্ব:ইব্:স্ক:ন:ব্য:শ্ৰ:শ্ৰ:ই:ব্:। বিশ্ব:শ্ৰেই:এই:শ্ৰুম:অ:ব্ৰাম:স্ক:ম্বমাৰ্মা
- भ्रायः निर्मायः भ्रीतः भ्रीतः त्यायः निर्मायः स्था। भ्रायः निर्मायः भ्रीतः भ्रीतः स्थायः निर्मायः स्था।
- हेर.यबु.वेश.यबेर.कुश्चा.यक्टी.टेयी.यर।
- १० र् न्युव र्श्यासर्गे ह्विये स्टेश स्पर्ट से स्

मुं मूर् पहुंचा हेव वर नड्र सेश्वरा हव विश्वरा - इस.क्रू.श्रे.स्या.श्रंश्याचा नक्षुत्रः श्रुत्यः तुरु। । क्षेरमो महरक्तिया क्षेत्रम्थम् । क्रि.मू.लय.लया.चक्चि.जय.कू.कू.कूर.चेश।। न्वराप्तुःर्कुःकैरान्वराकाश्रह्भायालरा। षान्ग्रासं मुहागुद्धायाने नशासहेश। न्याक्रिंगनबरार्थेशासुनामित्रेगान्त्रन्या रर रर मान्या शार्थेना य न्युन (प्रवे देन्।) वान्यामानाधेवार्भे सेंसन्हेंसावहेंबन्याव। षान्यायान्दियासान्येयासयरान्युवाद्यीदिव। न्वर-नुष्यः श्रे-गुर्ब-नृष्यः चर्वः विवयः सः सेन्।। न्गुन्-नुगः हिंन्-ग्रीःनगवः देन्-ग्रः धेशः हेन्।। वान्यायार्थेयायायार्यान्यानेवे नगवनेवाधित्। न्नुम् विश्वायान्यः सम्यास्य स्वरं मन्नायः हेन् योन्।। षान्त्रायान्युन् नवह से स्वयान स्वेते वर्षा न्गुन-नुसाके नेदिरयेगाया भ्रीयानसूवाना पोन्।। यः द्वाशः सैं ग्रायरः व्वा नवहः ग्रायरः दुः चतुवाशा संस्ते न्वरमा स्वन सिन् वागमा न्त्र रुमा देव। क्रां विश्वरात्वीयर ह्रीं चिश्वासंदर्भे व तर्चेतात्वरा . व्याद्यायाः से प्रमास्याः से प्रमास्यायाः । व्याद्यायाः से व्या

**ॊ** व्यन्द्रम्बरम्बेबान्द्रम् अध्यक्षम् कृत्वह्रित्व केत्।। तार्यामार्यावृष्यं विमातार्यामा स्वास्त्रमा नगव देव वह्या नवे था द्वा श द्वा र्श्व र्चेव स्थाय था प्राथित रहें। प्र न्गरार्सुंग्राशर्सुंदाचिराधार्यास्य विराधार्म्य र्ये नायर हेत् सेंर नार्येय सर्हे न सह न सह न त्या यार्च मारा क्रिया स्वामार के मारा होता है। यान्यायान्त्रस्य स्वर्धित्रम् स.स.म्ब.रचरा.चीलरा.चीला.सम्।र.चर्वेचीरा.चेरा। यानुग्रास्त्रम्वार्विवासीन्सरस्यास्यस्यासि यः द्वाराक्त्वाराष्ट्रवाराक्षेत्रायात्रमः क्षेत्रार्थे व्यवेत्। वार्वाश्वाराश्वरायाहेत्यात्र्रारावहेत्यात्रावे हेत्। र्भे नाश्रुयः न्यः केंयः नभ्रुनयः मंदेः न्नो यळतः नेया यान्यायान्यात्रान्यान्यान्यान्यान्यान्या न्गे न्गें व स्वर्कें ग न्या नहव में शासी कें १ १००० में में हो हो । १ भी में व में व में व में व



Konchok Rabstan, Bothi Department - Middle Section (Gen le)



มูลผาผลัง เมื่อผาเฏิเพรนาสา भुनशागुः धेव क्वा अन्य नवे र्शामश्रमाक्ष्यामागुनाक्ष्य डेग्'डर'सर्हेंस'मदे'झूप'सकेंग बि'नदे'रोसरा उन्गुन पा रद्रशेष्रश्रार्धियार्षेत्र यसःहतः देवाः क्षेत्रः उतः या के रेट श्रूट हैंग्रा स्वर श्रुव वर्वे नदे शेसरा उन् गुन य न्यायदे केंगा गुः भुन्या सर्वे वहेनाशासामुनासशासुनशासंदे। भुवरामव्यार्वेर तुरे रराम्बम्या म्री सम्बन् यसाग्रीसायम्सान् शुः भूर यह गः सेंदे रहः ग्रा बुग्या श्री-अर-विश्वास्त्रिय-तिकर-तिर यान्यानेव नियम् र्हें दश मंदे वर्ही न गुन वा नगाय:इंत्र क्रुत: ५: सहं ५: समित् মুনমানত্ত মনেনের মনমান্ত্রমা यस्त्र स्थान्य स्थान न्गे वर्षेत् वर्ष

शुन्यान्वयादेव केवा सेवास् श्चनशासरीत योतानित वेताते रातु ब्रम्थायी क्षेटा हे स्टाम्ब्रम्थ शुन्रासर्गेव थेन नवेव वें र न रर ग्राबुग्रा ले नंदे हुए म भुनशः सर्गेत् 'पेत् 'नतेत् 'र्ते र तु श्रुंटा हे से ग्रु श्रेंट स्वापत शुनरा सर्गेव धेव निवेद वें र न नशुः भेन न्या के सः श्रुव सामव श्चित्रशासर्गेष्ठाः भेष्ठाः निवेषार्वेषात्रः तुर्यापंदे सञ्ज भूत्रास्त्र न श्चनशासर्गेवाधेवानवेवार्वेरातु শ্লীব্'দাব্'দের্খ'ন্রদ'মক্রিন্'ন্রিন श्चनशः सर्गेत् भेर् नित्रं वे र तु श्चनशासमीन धेन निवन ने रात् ग्निर्शाणुं केन् बेराक्षेया स्रापन श्चित्रशासरीत्राधिन नित्र ते रात्र इर.ब्रॅर.च्यु. ५र. मर्खरमा भुनशः सर्गेत् 'पेत् 'नतेत् 'तेर त्



Thinles Dorjay, Bothi Department - Senior Section



याद्वाश्राक्तेश्वराचेत्राव्यस्याः दुःदर्यो नित्रेष्याचे त्याद्वाश्राक्ष्याचे स्वर्थाः स्वर्याः स्वर्यः स्वर्थाः स्वर्थाः स्वर्थाः स्वर्यः स्वर्यः स्वर्यः स्वर्यः स्वर्यः स्वर्थाः स्वर्यः स्वर्

नर्सून ग्रंदे रुग देव वर थाय रुग या ग्रेम प्राप्त मान्य प्राप्त मान्य मान्य प्राप्त मान्य प्राप्त मान्य प्राप्त ने निष्यान्ये गुन् श्चन्त्र निष्या मेन्य निष्य मुन् सर्गे हर या भुर सर्गे होन या भुग सदे राज्या र हो या भी र भुग से या वहेर संकिर या भी सुन सर्गि र या ल.वु.सिर्याश्वरच्यी वि.वि.स हुराक्षासी वि.वीर.वी.योध्याचुरायाची चील.वीर.वी.ह्यां हुरा विक्रिन्युरुकेन्त्रारुके स्वार्थक विक्रियानिक स्टरी क्या सायाकी विक्रियानायाने सक्षित्र विन्न करें भ्रुप्त धेन वन वेन मेरे की मेर स्वयास्तरे देवाया नायन नायन ने या में या केवा नी नाम किया करिया के से में दिला में से केंद्र य्व स नग्ग कुन व हेट स न्गेंट र्वेंट खें नर्गे व का से वहा हुट वह ग व हि वह व का से स ग्रास र्भें ता विषय कु वर्षेत् वर्षेत् क्ष मा वित् । कु वर्षेत् मा क्ष मा वित् । कु मह में ता र मा मा के ने मह में ता रेत हो न कुर्माव्याके के विश्ववाया इर्न्य्नो म्वाका कावा मुखा करम्य ने शिषा श्रेवाया है सेन् सुवाया में रामुदे वक्षा रम स्वामी देखें है। वस्त से प्रेरे से वद वस्त स्व है। देवा वस्त है। भेवा वसर हैसा वाहस देसाय सुर्धे हुनाया चना देट में निदेन त्यम दे सेंदे द्वा क्या चेनाम न न मानाम का सकें तेंद्र में में महत् निहास सेंद्र सर्बर कर वर्षा मेन व वेद में के नवद में के मानव हो से नवद में मानव ना नव कर है । म् दरम् मिर्मिरम् विष्यार विश्वर विश्वर है। मिर्मिर हिर नगानाया सर मिर्मिय या सक्वर निर्माण सक्वर निर्मास मिर् इग्रानुषाः श्रूरावशासुग्रानुषाः नेरा



Konchok Namgail, Physical Education Department

विश्वतीवन निन्न नि

<mark>૾ૄૄૄ૽ૢ૱ૻૹૡ૾ૺ૽૽ૼૺ૽ૼૼૼૼૼૹૡ૽૽૾૽ૢ૽૱ૢ૽ૺ૱ઌૢ૽ૹૻૹ૽૽ૢૺ૱</mark>૽૽ૢ૽ૺૹ૽૽ૣ૽ૼૼૼૼૼૼૼૼૹૢ૽ૹ૽૽ઽૣ૽૱ઌ૽૽ૺૹ૽૽૱ઌ૽૽ૢ૾ૹૻ૾ૢૼ૱૽૽ૢ૽ૺ૾૾ૣૢૻ૱૽૽ૢ૱૱ૹૹૹૹૹ <mark>दर्भे दशुर सर रा बे इग सें दर्भे प्रेंद्र । धेद द प्यर द्र्मे म्हर शे सुर रा दर्दे क्रू नश केद बिग दर गया गर केद में बिग</mark> <mark>धोव पायदी या वश्च राचा बोदी या क्षेर रास्टरया बर्के</mark>व वा कुटा हो शायं वे स्नानशान शाद वो क्विर वर्दे दाया पाया क <mark>केवर्सि विमार्थित। तमो म्वर् श्री से के व्हर्मि सव के र</mark>्विश्व प्रश्ना प्रदेशिय वह स्वतुम्य व्यासासी सम्बद्धित <mark>ૄ૽૽૱ૄ૾ૺૺઌૣૻૺ૾ૺૺૺૺ૾૱ૹૡ૾ૺૺ૾ૺૹૢૻૺઌ૽૱૱૱ૹૢૻૺ૱ૹૢ</mark>૽ૺૺૼૺ૾ઌૢૺૹ૽૽૾ૢૄ૱ઌ૱૽ૼૡૺ૽૱ૢ૽ૡૢૺઌૢૹૻૢૺ૱ૹૡૹઌ૽૽ૢૺ૾ૹૺૹૹઌ૽૽૱૽૽ૺઌ૽૽૱ૹ <mark>ॱवेटागार्डटासाञ्चरासेट्रास्तुतार्वेदार्सेट्र। विटाह्मसमायार्स्सेनाहोट्रासेट्रास्त्रमास्त्रास्त्रास्त्रमास्त्रस्य</mark> रगागी पर्ग न्येर न नर्वेर भ्राया है न हु न्य भ्राया हिन विकास के न रे न लेन न सर न स्था है न हर न्ये साम र्रेत्याम्बर्धाणित्र न्याया परिक्रिंत्र नाकेत्र में भ्रेषाया या ना भ्रेत्य स्ट केत्र में विवाधित से प्रिया वाराया वृष्यात् <mark>| इट.क्रेट.लवट.क्रेट.ट्रि.श.क्र.वट.श्चर.लट.चर्</mark>षयाश्चायन.बुवाश्चर.ची.तटीया.ट्रेची.चेच.ची.श्च.श्र.क्र.चर्ने.श्च् <mark>चःर्श्वेदःग्रेदःग्रुःर्वेदःसःयदे त्रेद्रसःयनाःर्वेसःक्षेनाःसर्वेदःगोःयद्गाः द्रमेःम्बरःवेनाःयःयस्यादम्बरःकेनःर्वेद</mark> <mark>यदे वे क्रेंस्यक्षं के क्रेंक्रे प्रवट क्रेंस्य पर्टाट्य क्रेंस्य प्राचीत प्राचीत क्रिक्त क्रेंस्य क्रेंस्ट क्रेंस क्रें</mark> न् र्रेन्यम्बर्यायान्वेराप्पन्यस्य प्राचन्यस्य स्वाचन्यस्य स्वित्तर्थाः स्वाचन्यस्य स्वाचन्यस्य स्वाचित्रः <mark>यार्नेवारायाहेशाय्व ग्रीजायात्रात्रेवापोव नर्वोशाव नेहर्</mark>दश्ची केशार्वेव नहर्वे न्वा मान्य केवर्वे



Stanzin Yutok, Bothi Department – Infant Section











# Model United Nations at the Dragonites Campus

















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ता. चीशा. वेचशा. हवे. चूं. चे. सूटी वट. चीवशा. हवे. चूं. चेट. चेवे. चीवूंबे. चूं. हुं श वट. चीवशा. हवे. चूं. चेट. चेवे. चीवूंबे. चूं. हुंश वट. चीवशा. हवे. चूं. चें. चूं. चें. चूं

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> Chamzin Angmo | Class : X নুম্ম হেইব ন্নন মাঁ হিইব ন্ম নত্ত না

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Padma Dolma | Class : IX

) पादवपाद्यद्वाकी नकी नण

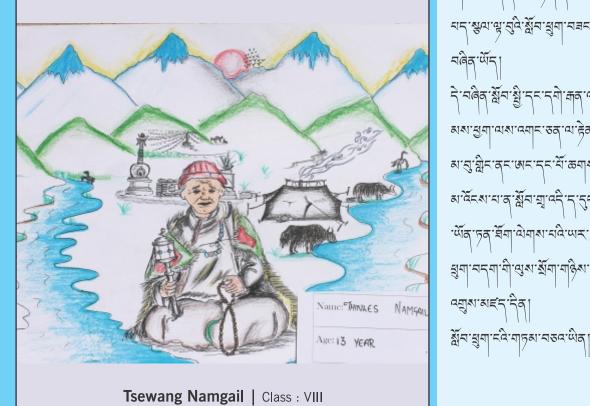
Stanzin Namgail | Class : VII-B

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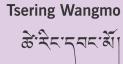
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रा.क्यं.श्रीय.वी.श्रीयशालमूचि.क्यंत्राच्यात्राचीशःश्री व्यः

**्र१००१ ने**बर-र-न्यः द्वयाः सः स्थेत्रा ने न्या भुनमा सर्गेन वितासना में नामीय स्थित मुद्री सहन या.लट.वर्चेया.सर्.श्र. न्गर सें वेश स्थान्य राष्ट्र वर मुन्द न्दर नर कर् सेंग्राया सेर्पाय सेंग्राया परी नरे सें सहसार् प *ने :प्यन:सेव : सें : के : किंन: सन्या व : सेव : नि : सूर्या* 'मीर्थानर्सेन्'व्यायाहेव्वव्यास्त्रींन'य्वावने'व्यान्त्रे तर् कैल.के.येषु धूँच सैव चंचर मू.शर मू.ख्वा किश ने निव क्षेत्र है। न्य निव विकास होन कर श्रभासियोत्त्रभारत्योदः श्रव त्याः हेव वयाः श्रुपः यो तर् तह अ.चु.भ्रीट.बट.श्रट.ट्ट.मू.क्याश.लूट 'र्लेब्र'ह्व र्झेमायेम्बर्मियं वेर्ष्य मुक्र स्ट्रेब्र'मायार्स्नेन ' શ્રુવા' નથા તો.લે અ' શ્રુવા' તાલું અ' તાલું વા' ગું અ' છે. ન <del>ક</del>્રેવ वर्ष्युशःसहन् नेत्र

Tsewang Namgail | Class : VIII ळें-५नट क्या कुला वहें कर्गू नकुर्ना

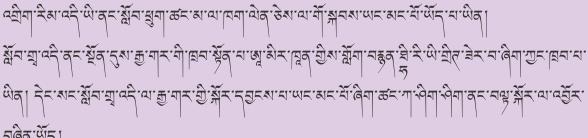


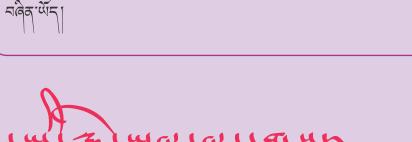


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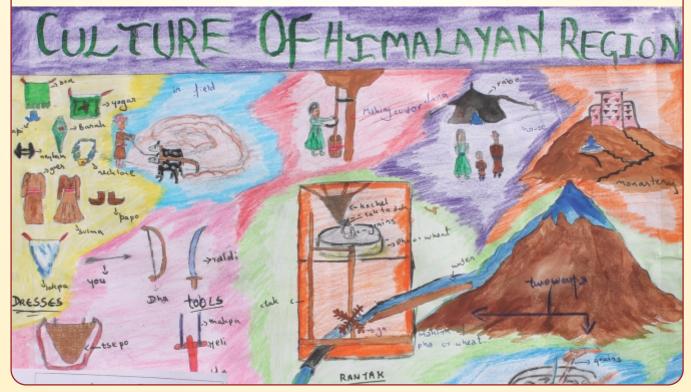
Tsewang Namgail | Class : VIII

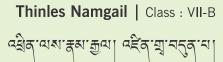
क्.रेयर.क्रा.क्या वहूंच.ची.चक्रेर.ता श्रेशात

<mark>दे च र्रे दुश्वः श्रें अदे प्रकृतः हार्</mark> हा अष्ठ्रशादु हार् हार अर्था स्टार्मी अर्था प्रमाप्ति । अर्था प्रमापति । अर्था । अर्था प्रमापति । अर्यापति । अर्था प्रमापति । अर्वापति । अर्यापति । अर्यापति । अर्यापति । अर्यापति । अर्यापति । अर्यापति । अर <mark>यव 🕽 र्रुअ: श्रृंश्वादे त्य्यु राहा अ</mark>ष्ठअ: श्रृंस्टा अन् रान्ता क्षेत्रा रेवा श्रुटा न्वेर्या अत्राही क्षेत्र हु। यवा उत्राधेवा नियरात्रा <mark>ৢৢঀঀঀয়৽য়ৣ৻ঢ়য়৵৻ঀঀৼ৻ঀ৴ৣয়ৼ৻ঀয়৽ড়</mark>ঽ৾৻য়ৼৼ৽য়ৣ৾৾ঀ৾য়৾য়ৼৣঀ৾৻৸৻৸৻ৠ৻ঀঢ়৻ৠ৻৸৻য়৻ড়ৄৼয়৾য়ৄ৾ঽ৾৻ঽ৾য়ৄ<mark>য়৻</mark> <mark>दे'चबेब'खर'दे'बे'दर्। ढव</mark>'देग्य'र्सेग्य'भेय'ग्रर'दर'गे'श्चर'धेग्'स'भेय'स्य श्चे'ढेंग्य'ग्रे'वर'दु'सर्गे'चहग्याहे' <mark>त्रज्ञुलाक्षेत्रज्ञानान्त्रःम्, रम्</mark>कूला ट्राच्यास्य स्थान्य स्थान्य स्थान्य स्थान्य स्थान्य स्थान्य स्थान्य स्थान <mark>अ:बर्-रहःरेदेःश्</mark>रूर्-तःरेहःशहः

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देवे नर वा धुवा कुर वर् लीता.शुट.स्रीश.ज.सूचीश.शूट. <mark>เพิ่มเป๋.ทะเป๋.ห</mark>ติกเป่า







हास्ती, त्या का स्वास्त्र क्ष्मा क्ष

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Stanzin Chuskit | Class : VI-B

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न्मूर्य नाम्नु न



श्रियाधिन्। यान्वाश्राण्ची नर्गेवामाळ्टास्रेवेन्द्रान्नेवाकुटानेष्याकुटानेष्या

ळेशनबर-देशनबर-जालीजाश्च-इन्यान्तर-प्र-मी-देशूच-सह-विना-देश्य-प्रक्रित-श्च-तिस्वान्तर-विना-देश्य-प्र-प्र-मी-देशूच-लूटी

वरःसदेःन्वेवासायान्वारायान्दार्यात्वे हेरःसदेःग्रह्मायगाप्तरःवेरासदीःधेवा

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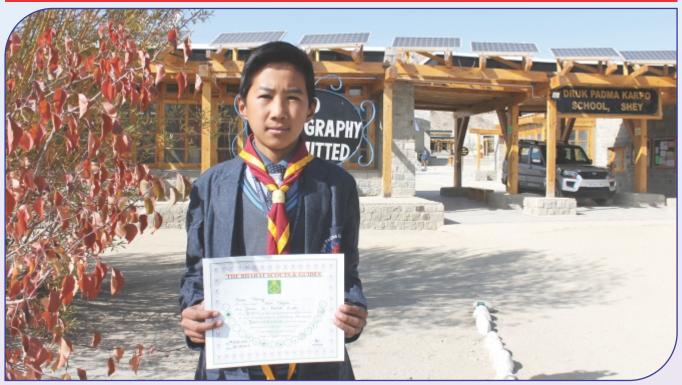
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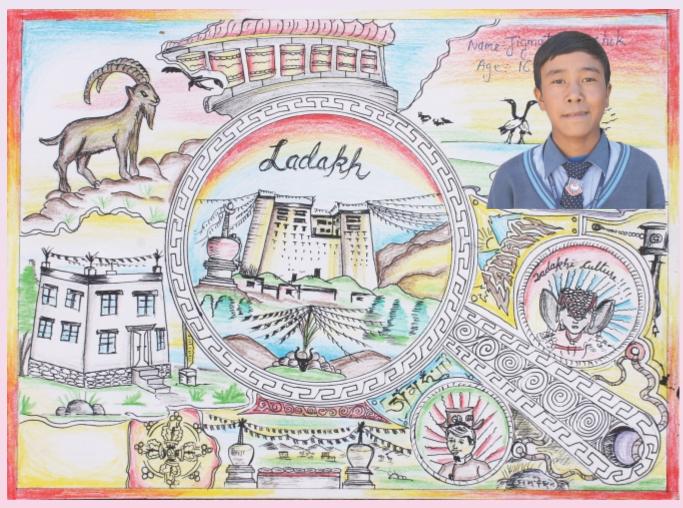
र्वे सं नाउं है सा में वि स्वापत्। हरे है व उव जा सा मा ब्रायह है है उसे से ह स्वा जा सा यव वें ना सा ना स्वा से है ना सा सु से सु कें ना सा । बर या है हैं ना उसे सा से वहना



#### Congratulatory Note



Master Sonam Tsering, Class 7th, hailing from Chuma Thang was conferred the Most Prestigious state award
The Rajaya Purskar by His Excellence Sh. N.N. Vohra Governor, J&K



**Master Jigmat Phunchok**, Class 9th, hailing from Chang Thang is a Winner at the International Forum in Australia for his Creativity under the Title Himalaya through my eyes - Artworks.

#### GLIMPSES OF AN EVENTFUL SESSION 2016-17





An Official visit of the chairman H. Eminence Thuksey Rinpoche with the Principal to the Premium School, **The Nanyang Girls, Singapore.** 





Lasalle the Designer Icon - Singapore with Mr. Tuckan and other Members of Drukpa Singapore.



A new leaf, a new forum - Principal with **President of Korean Culture Centre.** 



School visit by Core Commander, Lt. Gen. Pannu and Guests.



Adding Green value - celebrating the Founding Father's and School Chairman's Joint B'days by giving earth to a new plant by H. Eminence Khamdrak Rinpoche.



From London to Ladakh! Honored visit of Mr. James Bidluph, Principal Cambridge Jr. School.



Indeed a mind mingle - visit of 39 Principal's from a cross the country.



Campus visit by a **Prominent Educationist**Mr. Prabhat Rai Sinha - Founder, Ashoka Mission accompanied by Ms. Dipam, Mr. Lobzang
& Mr. Rico-Lee.



A solemn celebration the Founders 2017.



Mentor, Trainer and School Inspector Mr. Kris Kraus, America.



The Annual Birla International School Exchange Programme.



#### Inspire to Aspire



"Inspire to Aspire" in a monthly ted-talk styled event in which inspiring achievers from Ladakh are invited to share experience of breaking barriers and achieving goals in the face of hardships with the students.

Inspire to Aspire. These words itself have a powerful impact on a student. Local Ladakhis are invited to share experiences with us. They talk about their hardship, hard work and success, which we relate to. They give



information about things that are unknown to us and create an interest to do something fabulous in our lives.

For example, **Mr. Stanzin Gya**, who was not born with a golden spoon in his mouth and comes from a backwards background like all of us, told us stories of his hardships and how he followed what he wanted to do. Today, he is a great film maker.

We also met **Master. Phuntsog Wangchuk**, 'a son of the soil', who had a great vision and achieved remarkable success in the IT Sector. Sometimes, we do not feel confident of ourselves but as future citizens of Ladakh, we must develop an aim to make it better.

Events like 'Inspire to Aspire' help remove the dust of ignorance from our eyes and inferiority complex in our minds.



Different hues of the Annual White Lotus Expo - 2017.



The man with Titanium Nerves - Celebrating Ambedkar Jayanti at the Local Public Grounds.



They bring love and care .... and **take away the pain!** Dr. Seema and her team - Dubai (inset middle pic).

Dr. Shalini Pradhan of the Pradhan Dentals, Mumbai (Right hand Pic).



Every time, the most memorable and heart etching experience - Teacher's Day.



Third consecutive visit and immersion programme - Bhutan Delegates.



Flowers that bloom in our garden at DKPS - Infant Section.



The stage breaker and shakers! Infant Morning Presentations.



Voicing the **social causes and responsibilities** through the Morning Presentations.



The investiture day - **Student council**, 2017.



Our Wednesdays are celebrated as **Native Day** - Preserving Culture, Living with it.



A glimpse of a **PTM**.



**Harmony** - The best House of the Year, 2017.



Empowering the teachers - Teacher training at the Sanskriti School, New Delhi.



The Annual School Pooja.



The bedazzling performers - Best (class 2nd) Presentation for the Year, 2017.



Building Bonds School visit - Army Goodwill School, Kargil.



Clean the world make it a better place! Students geared up for Swachh Bharat Abhiyan.



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# **Important Notes** STRIVE SUCCEED AND SERVE

